

# Cycling Safaris

## FRANCE - BORDEAUX TO BIARRITZ 2025

Self-guided Tour

Approx 313 km | 8 days / 7 nights



Ride through nature, heritage and culture of the “Gironde, Landes and Basque Country”. Explore landscapes through the Velodyssy; the longest cycling tracks in France and Europe and enjoy the wonderful tranquillity all along the coast! These routes will lead you from Bordeaux to the UNESCO World heritage site to the famous seaside town of Biarritz. You will cycle between lake and ocean, going through the vast forest area of the Landes de Gascogne.

Discover a variety of landscapes: salt marshes, dunes, forests, large beaches surrounded by pine trees and peaceful lakes along your trip. Breathe the sea air, the perfume of the pine trees, mimosa and brooms. Conviviality is surely one of the main features of this cycling holiday. There are many restaurants and bars abound, where the oysters and duck specialties await you. You won't be starving or thirsty!

### TOUR ITINERARY

#### Day 1 Arrival in Bordeaux

Arrive at your 3-star hotel in Bordeaux, where you will find the road book and bikes waiting for you.

Bordeaux, named before “Burdigala”, is a Roman city, outstanding from its vineyards and prestigious stones architecture. The river Garonne, heart of the city, welcomes walkers on the banks and offers boat trips. Capital of wine, Bordeaux is endowed with a rich history and architecture.

Night and breakfast in hotel 4\* or 3\*.



### Day 2 From Bordeaux to Lacanau 60 Km (60m elevation)



breakfast in hotel 4\*

Your cycling tour holiday in Aquitaine takes you from Bordeaux ,capital of wine to Lacanau-Ocean, seaside town. Take the green way, a cycle path that follows a former railway track Bordeaux-Lacanaux. It is a beautiful itinerary, easy and secured that goes through the pine forest where you can listen to the songs of the cicadas.

Lacanaux-Ocean in the MedocOcean region, where cycling is a way of life, is much appreciated for its long ocean beaches sheltered by dunes and forests, its lakes and its unspoilt natural areas. The seaside resort is also famous for its surfing spots. Its early 20<sup>th</sup> century villas bear witness to a rich past. Night and

### Day 3 From Lacanau to Arcachon 45 km (50m elevation)



Overnight in a 3\* or 4\* hotel with breakfast included.

Continuing along the cycle path and discover the widest beaches of the Aquitaine coast; The Porge Ocean has a vast beach stretching 13km of unbroken landscape. To enjoy it leave from time to time the track of the cycle path. Never far away from the shoreline, continue your cycling tour through a beautiful itinerary towards the Cap Ferret or the Bay of Arcachon.

Enjoy and finish your cycling day through typical oyster villages of the Bay of Arcachon or view by ferry the renowned seaside town of Arcachon.

### Day 4 (option) Around the Arcachon Bay - 45 km (20m elevation)

Today's cycle takes you around the Archacon Bay, what a pleasant stage. Follow the Velodysee which runs along an old railway line and little roads to explore the Arcachon Bay. Discover the surrounding towns, small ports and enjoy the splendid views over the bay and observe the numerous species of birds.

Overnight in a 3-star hotel or 4\*. Breakfast included.

### Day 4: From Arcachon to Biscarrosse Plage/Bourg 30 to 40 km (100m elevation)

Start your day in the direction of the Great Dune of Pyla, an essential trip to its summit to appreciate the beauty of this site. You can't come to the "Bay" without taking a look! Then cycle under the pines of the Landes forest. Leaving the Bay area- the Gironde takes you to Biscarrosse Plage to end your day in the Landes area. Biscarrosse is renowned for its epic waves. But the seaside resort is also the kingdom of beaches, dunes and the pine forest. The town ambience is unique and revitalizing. Its sweet summer perfume guarantees an absolute change of scenery. Sandcastles, kites, sunbathing, outdoor aperitivo, night markets, waffles, street shows, casino...

Night and breakfast in hotel 3\* (could be 2\* in very high season)

### Day 5 From Biscarrosse to Mimizan Plage 52 Km (115m elevation)

La Vélodyssée leaves the coast to make a wide detour inland, where the blue of the vast lakes replaces that of the sea. Discover the lake of Cazaux and Sanguinet, the second largest lake of France (55km<sup>2</sup>!), a mini paradise surrounded by greenery and pines, and then cycling alongside the lake of Biscarrosse and Parentis. Following the cycle path takes you between small lake ports and tranquill lakes to go through the Landes forest and rejoin the ocean in Mimizan Plage.

<<Mimizan>>dates back to the "Belle Epoque" when sea bathing became fashionable and was very much prized by a rich clientele. This seaside resort was built as a result of the railway which is no longer there today. Night and breakfast in hotel 2\*

### Day 6 Mimizan plage to the heart of the Landes 55 km (130m elevation)

Leave the attractive seaside town of <<Mimizan plage>> and return on the greenway through the forest. A pleasant stage, quiet and calm through woods and embellished by the scent of the pines. Let yourself be carried by the sea air and enjoy the nearby ocean beaches leaving from time to time on route. Then discover Contis Plage & St Girons Plage as well as the beaches of Leon Lake. End your cycling day in another attractive seaside town of the Landes. Be seduced by the country atmosphere and the seaside town of the Landes.

Night and breakfast in hotel 3\*



### Day 7 From the Landes to Biarritz in Basque Country 69 km (120 m elevation)

Last stage of your cycling holiday before you leave the Landes.

The cycle path takes you from the heart of the forest to discover the emblematic famous seaside town of <<Hossegor>> and <<Cap Breton>>. Enjoy the wide beaches and continue through more urban areas as it approaches Boucau. Welcome the new scenery of the Atlantic coast: "The Basque Country". Ride on a pleasant cyclig path and go through its capital <<Bayone>> to reach the renowned seaside town of Biarritz. Biarritz is one of the most famous seaside resorts of France and Europe. Its magnificent ocean beaches and surfing, its thalassotherapy and many golf courses are popular worldwide. At night, its restaurants, bars and squares will delight your nights. Night & breakfast in hotel 3\* or 4\*



### Day 8 Departure from Biarritz

Departure after breakfast.

Possibility of additional days in Biarritz or Bordeaux

## 2025 TOUR DATES

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Arrival daily from 1 April to 31 October

## 2025 TOUR PRICE 8 days – 7 nights

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### LOW SEASON

€1190 per person sharing

€475 supplement for single occupancy (if traveling with others)

€185 supplement for solo travellers (if traveling alone)

### HIGH SEASON (July & August)

€1255 per person sharing

€555 supplement for single occupancy (if traveling with others)

€185 supplement for solo travellers (if traveling alone)

### Not included:

- Touring bike: €160 - extra day €15
- E-bike: €285 - extra day €30
- Gravel: €260

## WHAT THE TOUR PRICE INCLUDES

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- 7 nights & breakfast
- The travel book (Traces on map & touristic information)
- Luggage transfer for bike steps
- Arcachon bay Crossing by boat (only for version 7 nights)
- Hotline 7/7 (7:30am – 8pm)

### Not included:

- Assistant repatriation
- Cancellation insurance
- Drinks
- GPS App €7
- Touring bike robbery insurance €20
- E-bike or gravel bike robbery insurance €40

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| Extra night in Biarritz: | €120 per person in double room low season<br>€150 per person in double room high season<br>€205 single room low season<br>€270 single room high season |
| Extra night in Bordeaux: | €100 per person in double room all season<br>€160 single room all season   |

## **BIKE equipment**

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Lock

Repair kit

Rear bag

Handlebar bag

Smartphone support (1 per group)

Assistance for bike injury (for big problem, other than puncture)

Helmet (on request)

## **TRAVEL INFORMATION**

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Aer Lingus offers direct flights from Dublin to Bordeaux & Ryanair offers direct flights from Dublin to Biarritz.