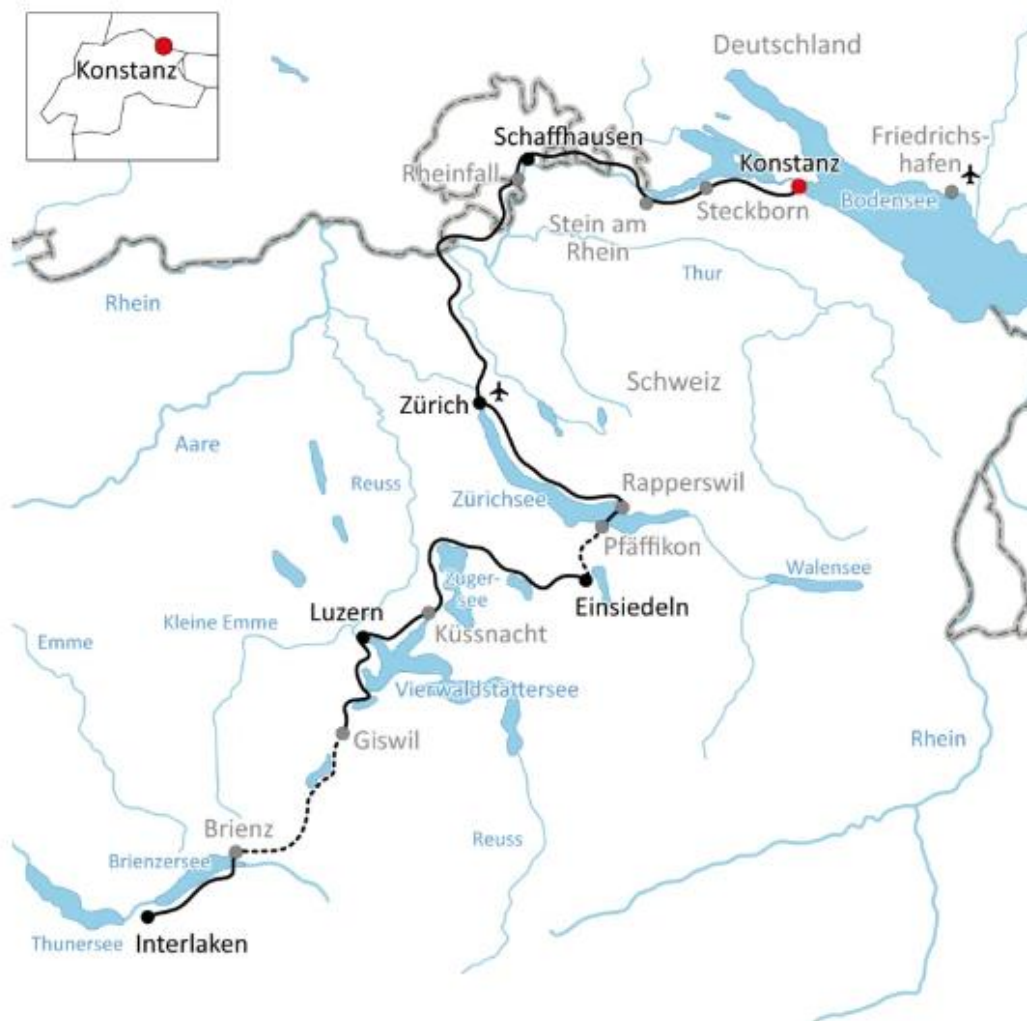


# Cycling Safaris

## Constance to Lake Lucern (Swiss Lakes) 2025

Self guided Tour

280 km / 295 km | 6 nights / 7 days



Postcard idyll awaits you on the cycle tour from Constance to Interlaken. Cycle not only along the beautiful shores of Lake Constance, but also discover the beautiful landscape of Lake Zurich and Lake Lucerne. Picturesque little fishing villages lie along the way as well as large cities. Get to know Constance, the largest city on Lake Constance, with all its sights. Take a stroll through sophisticated Zurich and extremely charming Lucerne. Impressive highlights of your cycle tour from Constance to Interlaken are the Rhine Falls in Schaffhausen and Einsiedeln Abbey. Accompanied by the stunning mountain panorama, you will also experience Swiss history. In Küsnacht, follow in the footsteps of Wilhelm Tell as you stroll through the famous Hohle Gasse.

## TOUR ITINERARY

### Day 1 Individual arrival in Constance

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum.



### Day 2: Constance – Schaffhausen, approx. 50 km

Following the side of Lake Constance, you pedal to Stein am Rhein with its frescoed, medieval houses. Switching several times between Germany and Switzerland you reach the canton's capital, Schaffhausen. The town, whose citizens competed with each other in building gables on their houses, is overlooked by Munot fort.

### Day 3: Schaffhausen – Zurich, approx. 55 km + train ride or 70 km

After breakfast, you cycle the short distance to the Rhine Falls, one of the largest waterfalls in Europe, which you can get very close to by boat. Afterwards you follow the valley of the Glatt, which leads you to Zurich, the fascinating Swiss cosmopolitan city. At the level of Zurich Kloten Airport, you can shorten the cycle tour by taking the S-Bahn (not included) from Rümlang station. The city of Zurich combines tradition and modernity and the well-preserved old town invites you to linger with its many cafes and bars.

### Day 4: Zurich – Einsiedeln, approx. 35 km + train ride

You cycle along the northern bank of Lake Zurich along the so-called golden coast to Rapperswil. Take a break here and go up to the old castle. From there you have lovely views of Lake Zurich and the countryside. From Rapperswil, you cross the lake across a dam and then take the train from Pfäffikon to Einsiedeln.

### Day 5: Einsiedeln – Lucerne, approx. 75 km

Fortify yourself at breakfast ready for the day as it includes the route's crowning glory. On the ride to Lake Zug, you have to cross a range of hills. In Küsnacht, you can follow the traces of Wilhelm Tell. He is supposed to have shot the bailiff, Hermann Gessler, here in the „Hohle Gasse“ lane.

### Day 6: Lucerne – Interlaken, approx. 65 km + train ride

You leave Lucerne, pass Lake Sarnen and reach Giswil. You board the Brünig Railway, which takes you over the Brünig Pass, about 1000 metres high, to Brienz. You cycle along the beautiful Lake Brienz to Interlaken. The town in the middle of the Bernese Oberland is famous for its impressive mountains. Take an excursion to the Harder Kulm. You can reach Interlaken's local mountain by funicular. Enjoy a wonderful view of the surrounding mountain peaks from the viewing platform.

### Day 7: Individual departure or extension

After breakfast you start your individual return journey home or extend your stay.



## 2025 TOUR PRICE DATES

You can start any day from 27th April to 28th September.

**Season A:** 27-04/03-05 21-09/28-09  
€1020 per person sharing  
€315 single room supplement

**Season B:** 4-05/16-05 07-09/20-09  
€1170.00 per person sharing  
€315.00 single room supplement

**Season C:** 17-05/23-05 09-06/4-07 17-08/06-09  
€1320.00 per person sharing  
€315.00 single room supplement

**Season D:** 24-05/08-06 05-07/16-08  
€1420.00 per person sharing  
€315.00 single room supplement

Bike rental is not included in the standard package above  
€110.00 Touring Bike (incl. bike insurance)  
€285.00 E-Bike (incl. bike insurance)  
€185.00 Sporty rental bike / 30 gears (incl. bike insurance)

### Child reduction on basic tour price:

12-17 years: 25% (not including bike)

Due to more challenging sections, we only recommend this tour for young people in good physical condition. Reductions apply for accommodation in rooms with two full-paying guests.

No reduction from the age of 18

Multi-bed rooms are often double rooms with a camp bed or sofa bed.

### Twin rooms/separate beds:

Available only on request, please clearly mark when booking this tour

## WHAT IS INCLUDED IN THE TOUR PRICE

- › 6 nights with breakfast, national 3\*-level
- › Train ride Giswil – Brienz incl. bike – Train ride Pfäffikon – Einsiedeln incl. bike
- › Luggage transport from hotel to hotel to Interlaken, max. 20 kg / piece
- › Cycle route description with maps (1 x per room)
- › Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

**Not included**

Train ride Rümliang Zurich, approx. 15 CHF per person incl. bike

Citys or visitors tax, if payable

Extra night in Lucern	€115 per person sharing / €175 single room occupancy
Extra night in Constance	€86 per person sharing / €135 single room occupancy
Extra night in Einsiedeln	€115 per person sharing / €175 single room occupancy

**BACK-UP-SERVICE**

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

## BIKE RENTAL

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Bike hire is not included in the basic tour package. You can rent the following

- 27 - speed derailleur, Unisex bikes with low step-through or gents bikes with cross bar ( over 1.78cm in height) for €110
- Fitted with road bicycle tire " Schwalbe Marathon Plus "
- Pannier and handlebar bag , and tachometer , lock , pump and spare tire . Puncture repair kit is in the pockets.
- Or sporty rental bike (30 gear) for €185

E-bikes are also available for €285

### Requirements

The cycling routes require a basic level of fitness, which you should have acquired by steady cycling. The routes can reach an altitude of 200 to 500 meters. The daily routes, of 20 - 60 km, cover some hilly terrain and can be completed without time constraints. You will also come across some longer and climbs, where walking your bike is of course advised. The roads are mostly asphalted and there is little traffic outside of holiday periods.

## WHAT TO BRING

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We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat and sunglasses will protect you from getting all too much sun. Finally, please make an effort to pack lightly. This will make your travels easier and will be much appreciated with the luggage transfers.



### Travelling by ferry from Meersburg

The car and passenger ferry between Meersburg and Constance operates a 24-hour service every 15 minutes to 1 hour throughout the year.

### Travelling by catamaran from Friedrichshafen

The catamaran between Constance and Friedrichshafen operates hourly between 5 a.m. and 8 p.m. throughout the year. The trip takes 48 minutes.

### Travelling by rail

There are direct train services to Constance from Hamburg, Frankfurt, and Offenburg. To get to Constance from Munich, change at Lindau/Radolfzell or Stuttgart. There is an hourly train service to Constance from Zurich (airport) via Weinfelden. For more information on rail services, please call +49 (0) 800 / 1507090.

### Travelling by air

- From Friedrichshafen (25 km) by car/bus or ferry, or catamaran (40 min.)
- From Zurich (75 km): hourly rail service to Constance (1 hr)
- From Stuttgart (170 km): interurban train service every 20 min. to Stuttgart railway station; regular rail service to Constance (2.5 hrs)
- From Munich (230 km) by rail (5 hrs) or car (3.5 hrs) to Constance
- From Frankfurt/Main (345 km): direct rail service (4.5 hrs) to Constance