

# Cycling Safaris

## The Lake Constance Tour 2025

Self guided Tour

230-250 km | 6 nights / 7 days



In a very classic way, this trip takes you once around the entire Lake Constance. It is the perfect way to get to know the most beautiful corners around Germany's largest lake in a relaxed way by bike. Mostly flat and never far from the shore, you cycle from highlight to highlight on the well-developed Lake Constance cycle path. Bicycle tour beginners and pleasure cyclists will experience an exciting and varied cycling vacation on this trip!

### TOUR ITINERARY

#### Day 1 Individual arrival in Constance

Take the chance to visit Mainau island or take a walk through the old town of Constance. The aquariums in the Sea Life Center and the Archaeological Museum are also recommended.

Day 2	Constance - Gailingen - Stein am Rhein/Wangen	approx. 30-40 km (cat. A)
	Constance - Gailingen/Stein am Rhein	approx 30-50 km (cat. B)
	Constance - Wangen/Hemmenhofen	approx. 35 km (cat. K)

The first stage of your bike tour takes you first along the Swiss shore of the Untersee to Stein am Rhein. The town has one of the most beautiful medieval town centers on Lake Constance and impresses with its colorfully painted facades. Depending on the category booked, you will reach Gailingen a few kilometers downstream, stay overnight in Stein or cycle to the picturesque Hõri peninsula to Wangen or Hemmenhofen. In Hemmenhofen once lived the painter Otto Dix, in Gaienhofen the writer Hermann Hesse

**Day 3**      **Gailingen - Überlingen**      **approx. 45-60 km (Cat A)**  
                 **Gailingen - Ludwigshafen**      **approx. 40 - 60 km (Cat B)**  
                 **Wangen - Überlingen**      **approx 45 km (Cat K)**

Today you will circle the Höri peninsula and reach the spa town of Radolfzell. Visit the Radolfzell Minster, which has the highest church tower on Lake Constance. Over the Bodanrück (beware, hilly!) you will pass Bodman-Ludwigshafen and Sipplingen. Following the cycle path along the shore of Lake Überlingen, you will reach the town of the same name, Überlingen. From a distance you can already see the stately St. Nikolaus Minster. Stroll along the approximately five-kilometer-long lakeside promenade and enjoy the view of the lake and its maritime flair.

**Day 4**      **Überlingen - Kressbronn/Lindau**      **approx. 45-60 km (Cat A)**  
                 **Überlingen - Kressbronn/Nonnenhorn**      **approx. 50-60 km (Cat B)**  
                 **Überlingen - Lindau**      **approx. 60km (Cat K)**

Your journey today takes you along the Obersee. First, make a stop at the pilgrimage church of Birnau. Situated amidst vineyards, the forecourt of the splendidly decorated baroque church offers a wonderful view over the lake. Visit the pile-dwelling museum in Unteruhldingen, Germany's oldest inhabited castle in Meersburg, and be impressed by the largest collection on the history of aviation in Friedrichshafen. The old town of Lindau is located on an island. Enjoy the view of the Alps at the harbor - in the foreground the town's landmarks: the Bavarian Lion and the 33-meter-high lighthouse.

**Day 5**      **Lindau -Arbon**      **approx. 50 km (Cat A)**  
                 **Kressbron - Höchst/ Rorschacht**      **approx. 30-55 km (Cat B)**  
                 **Lindau - Horn**      **approx.. 45 km (Cat K)**

Continuing on your way, you reach Bregenz, the capital of the Vorarlberg region of Austria and famous for its annual festival on the largest lake-stage in the world. You finally reach Höchst where you soon cross the border again and then, after pedaling onwards for a few kilometres, reach Rorschach or Arbon

**Day 6**      **Arbon - Constance**      **approx. 30 km (Cat A)**  
                 **Höchst - Constance**      **approx. 40-50 km (Cat B)**  
                 **Horn - Constance**      **approx. 35 km (Cat K)**

Your tour today takes you through Romanshorn with the largest Lake Constance port in Switzerland. The tour continues along Lake Constance back to Constance. End the day with a stroll through the old town or an ice cream at the harbour.

**Day 7**      **Individual journey home or extension of your stay**  
After breakfast you start your individual return journey home or extend your stay.



## 2025 TOUR PRICES & DATES

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Arrival daily from 30<sup>th</sup> March to 25<sup>th</sup> October

**Season A:** 30-03/05-04 12-10/25-10  
€670 per person sharing (Cat B) €250 single room supplement  
€900 per person sharing (Cat A) €345 single room supplement  
€1120 per person sharing (Cat K)  
Surcharge double room for single use €500

**Season B:** 6-04/11-04 21-04/25-04 04-05/09-05 21-09/11-10  
€820 per person sharing (Cat B) €250 single room supplement  
€1020 per person sharing (Cat A) €345 single room supplement  
€1270 per person sharing (Cat K)  
Surcharge double room for single use €500

**Season C:** 12-04/20-04 26-04/03-05 10-05/23-05 22-06/04-07 24-08/20-09  
€970 per person sharing (Cat B) €250 single room supplement  
€1170 per person sharing (Cat A) €345 single room supplement  
€1420 per person sharing (Cat K)  
Surcharge double room for single use €500

**Season D:**  
€1060 per person sharing (Cat B) €250 single room supplement  
€1260 per person sharing (Cat A) €345 single room supplement  
€1470 per person sharing (Cat K)

**Child reduction (in room with 2 paying adults, does not include bike )**

0 - 5 years: 100%  
6 - 11 years: 50%  
12 - 17 years: 25%

**Bike rental (incl. bike insurance)**  
€110 8- or 27 speed touring bike  
€285 E-Bikes / Pedelec (freewheel)  
€60 Teenager's bike

## WHAT IS INCLUDED IN THE TOUR PRICE

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- 6 overnight stays in a double room with breakfast in the chosen category:  
Cat B: national 2\*- 3\* Level, Cat A: 3\*-4\* Level, Cat K: national 4\*/level
- Entrance Rosgarten Museum Constance incl. 1 coffee
- Transport of luggage from hotel to hotel, maximum of 20 kg per bag
- Comprehensive tour information and maps (one per room)
- 7-day service hotline (8 am - 8pm)

## BIKE RENTAL

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Bike hire is not included in the tour package.

- 8 - speed hub and coaster brake or 27 - speed derailleur are available
- Bikes are **Unisex with low step-through** or men's bikes are available from approx 175 cm
- Fitted with road bicycle tire " Schwalbe Marathon Plus "
- Comfortable saddle, bike lock, luggage rack, odometer, air pump, hub dynamo, repair kit, waterproof pannier and handlebar bag with map holder

Helmet rental is not available, but you can buy it. **Helmet use is mandatory on bike tour. You are strongly encouraged to bring your own helmet.**

### **Bike handover**

Pick-up of bikes in Constance between 9am and 7pm, 7 days per week. On request delivery to the hotel, then no individual adjustment by our staff on site. Departure: Return bikes to shop in Constance or guests leave them at the hotel.

### **Requirements**

The cycling routes require a basic level of fitness, which you should have acquired by steady cycling. The routes can reach an altitude of 200 to 500 meters. The daily routes, of 20 - 60 km, cover some hilly terrain and can be completed without time constraints. You will also come across some longer and climbs, where walking your bike is of course advised. The cycle path and roads are mostly asphalted and there is little traffic outside of holiday periods.

## WHAT TO BRING

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We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat and sunglasses will protect you from getting too much sun. Finally, please make an effort to pack lightly. This will make your travels easier and will be much appreciated with the luggage transfers.

## TOUR PROFILE

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### **Character:**

Mainly hilly along tarred cycle paths, quiet back-roads and sometimes along dirt tracks.

Due to the altitude profile we don't recommend this tour for children.



## BACK UP SERVICE

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As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

## HOW TO GET THERE

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The closest airports are airport Stuttgart or airport Friedrichshafen.

From Stuttgart airport to Constance there is a train which goes every 30 minutes and takes approx 1hr 45mins. You may have to change trains once.

There is also a train connection from Friedrichshafen airport to Konstanz. Trains go every 30 minutes and only take 1 - 1.15 hours (0-1 train changes).

Train connections from Friedrichshafen to Stuttgart go every 30 minutes. 1 change. Duration approx 1.5 hours.

