Cycling Safaris

Sweden – Stockholm Roundtrip

Self-Guided Tour 2027

255 km | 7 days / 6 nights



Discover Stockholm and its surroundings with its 14 islands, along one of Sweden's largest lakes. Cycle through exciting and varied scenery, accompanied by either one of the countless lakes or the sea which will never leave your side. Find out about Swedish history from Viking times up until today, you will be amazed how many interesting things there are to explore: from Drottningholm Palace and the great number of parks in Stockholm, to smaller towns such as Mariefred and Trosa and the idyllic vastness of Sweden. Enjoy your stay in Sweden!



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Day 1 Arrival in Stockholm

Take your first stroll through Sweden's capital and explore some of the many sights and tourist attractions. Overnight stay in Stockholm.

Day 2 Stockholm – Södertälje approx. 60 km + ferry

The bike trip takes you on its first day along an ancient trade route that has existed since the Viking Age, skirting along Sweden's third largest lake, Lake Mälaren. On the way, you pass the World Heritage Listed Drottningholm Palace. Here, right on the shore of Lake Mälaren, the royal family grew up. Also located in the grounds is the Chinese Pavilion dating from the 18th century. It's worth a visit, as is the old cellar house cafe, serving delicious waffles. You continue by ferry to Södertälje. At Sturehov, located in eastern Lake Mälaren at Rödstensfjärden, it's time for a late lunch. Södertälje is located between Strängnäs, Stockholm and Nyköping where Lake Mälaren is connected to the Baltic Sea through the lock in Södertälje canal. Overnight stay in Södertälje.

Day 3 Södertälje – Mariefred approx. 45 km

Today you ride on small side roads to Gripsholm Castle. It houses the national portrait collection of over 4 000 works that trace the portrait art from the 1400s and up to the present. The castle's history goes back to the 1370s, when Bo Jonsson Grip built a castle on a promontory which, after several expansions became Gripsholm Castle.

Day 4 Mariefred - Järna approx. 45 km

Today's tour takes you right into the middle of untouched and remote nature reserves, through the amazing scenery of Sörmland. At this spot countless rivers and lakes were formed due to vast tectonic movements. Nevertheless the altitude is never higher than 100m. Once you have mastered the hills you are rewarded with stunning views and a long descent afterwards. Your hotel is located beautifully at a lake in the countryside and completes this "green day" of your bike trip.

Day 5 Järna – Trosa approx. 50 km

Your destination for the day is the idyllic Baltic Sea town of Trosa, the setting for many films from "Inga Lindström" movies. Finish your day with a stroll through the picturesque village and enjoy the small alleys, red houses and wonderful views on the water.

Day 6 Trosa – Stockholm approx. 50 km + ferry and train

Northward bound and a short ferry trip later you return to one of Stockholm's many islands. The last part of the tour is covered by a commuter train to Stockholm (not included). Enjoy your last overnight in the capital with a typical Swedish dinner in one of the numerous restaurants.

Day 7 Departure

After breakfast your bike tour ends. We are happy to to extend your holidays with extra nights. In case you do extend and want to cycle around for an extra day, we suggest perhaps explore central Stockholm by bike. This covers several of the 14 city islands including roundtrips on Djurgården Island and part of the National City Park. The Vasa museum and the outdoor museum Skansen, both situated on the island, are worth a visit. The palace and the old part of town dating back to the mid-14th century are also part of the sightseeing agenda.

Profile of the route: Stockholm offers well-maintained cycling paths. Outside the city we design the route with an aim to minimise traffic. You cycle mostly on bike paths and gravel roads as well as forest tracks and side roads with less traffic through typical Swedish nature. To some extent simpler trail conditions with raw gravel are awaiting you. Flat to slightly hilly tour course.

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TOUR DATES & PRICES 2027

Daily arrival from 14th May – 12th September

Season 1: 14th May – 20th May, 10th September – 12th September
Season 2: 21st May – 27th May, 3rd September – 9th September
Season 3: 28th May – 10th June, 20th August – 2nd September
Season 4: 11th June – 19th August

TOUR PRICES 2027

CATEGORY A (3* & 4* hotels)

Season 1
€1245 per person sharing
+€550 single room supplement

Season 2
€1310 per person sharing
+€550 single room supplement

Season 3
€1370 per person sharing
+€550 single room supplement

Season 4
€1435 per person shaing
+€550 single room supplement

CATEGORY B (2* & 3* hotels)

Season 1
€1120 per person sharing
+€515 single room supplement

Season 2
€1185 per person sharing
+€515 single room supplement

Season 3
€1245 per person sharing
+€515 single room supplement

Season 4
€1310 per person sharing
+€515 single room supplement

Category A: 3* and 4* hotels, all ensuite
Category B: 2* and 3* hotels, in Mariefred with shared bathroom

Option of extending the trip

Extra nights in Stockholm
€140 per person sharing (category A) / €125 per person sharing (category B)
€250 single room (category A) / €225 single room (category B)

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WHAT THE TOUR PRICE INCLUDES

- 6 nights in accommodations of the chosen category
- Daily breakfast from buffet
- Luggage transfer from hotel to hotel
- (No limit in pieces of luggage; each piece with a maximum of 20 kg)
- Service hotline daily from 8:00 to 20:00
- Well-planned route guidance
- Detailed electronic travel documents
- (printed version at an extra charge of 20 € per package; must be ordered in advance)
- Navigation App incl. GPS tracks
- Ferry ticket from Ekerö to Slagsta, including bike
- Ferry ticket from Mörkö to Skanssundet, including bike
- If bike rental: Rental bike insurance included

Not included:
Bike rental:
€150 Touring bike, 24 gears, free wheel
€240 Sporty Touring bike, 30 gears, free wheel
€290 Gravel bike
€340 E-bike, 8 gears, pedal break

If sharing a room with two full paying adults, we have the following child reduction/child prices:

00-02 years:	Free of charge if staying in bed of parents
03-11 years:	30 % reduction
12-17 years:	20 % reduction
18-99 years:	Full price

Subject to base price and additional nights; no reduction on other services possible (e.g., half board and bike rental). Please note that additional beds are possible only on request.

BACK UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

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ACCOMMODATION

Our first preference accommodation each night is:

Category A:

4* Hotel Birger Jarl Stockholm
Booking.com: Very good 8.5
https://www.birgerjarl.se/en/

4* Ad Astra Hotel by Elite Södertälje
Booking.com: Fabulous 8.8
https://www.elite.se/en/hotels/sodertalje/ad-astra-by-elite/

4* Hotel Gripsholms Värdshus Mariefred
Booking.com: Very good 8.4
https://www.gripsholms-vardshus.se/en/

3* Bommersvik Hotell & Konferens Järna
Booking.com: Fabulous 8.8
https://www.bommersvik.se/en/

4* Trosa Stadshotell & Spa
Booking.com: Fabulous 8.8
https://www.trosastadshotell.se/

Category B:

4* Elite Hotel Arcadia Stockholm
Booking.com: Very good 8.1
https://www.elite.se/en/hotels/stockholm/elite-hotel-arcadia-stockholm/

4* Quality Hotel Park Södertälje City
Booking.com: Very good 8.3
https://www.strawberryhotels.com/hotels/sweden/sodertalje/quality-hotel-park-sodertalje/

2* Hotel Gripsholms BnB Mariefred
Booking.com: Good 7.9
https://www.gripsholms-vardshus.se/en/hotel/bed-and-breakfast/

3* Bommersvik Hotell & Konferens Järna
Booking.com: Fabulous 8.8
https://www.bommersvik.se/en/

4* Bomans Hotell Trosa
Booking.com: Fabulous 8.9
https://www.bomans.se/en/

All the above accommodation is of course subject to availability.

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WHAT TO BRING

Specialized cycle clothing may be handy but not strictly necessary. What you do need (among other things) is the following:

- Padded shorts/ long trousers/ track suit/ legging
- shirts/ sweater/ rain clothing
- Gloves (only when you book a tour in April. It can be chilly in the morning that time of year!)
- good shoes
- sunglasses/ cap/ swimming costume

BIKE INFORMATION



Trek T300 Touring bike (€150 bike hire)

- Unisex bike with aluminium frame
- 24 gears Shimano, freewheel
- Brakes: Shimano M422 V Brakes
- Saddle post: 27,2mm
- Saddle: Selle Royal
- Tyre type: Schwalbe Road Cruiser
- Additional equipment: Saddle & handlebar bag, odometer, bicycle lock, air pump, breakdown repair kit

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Ideal Orama 320ED* (€340 e-bike hire)

- Unisex bike with aluminium frame
- 8 gears Shimano, freewheel
- Brakes: Shimano M315 Hydraulic Disc
- Saddle post: 31,6 mm
- Tyre type: Kenda
- Motor and battery: Bosch
- Additional equipment: Saddle & handlebar bag, odometer, bicycle lock, air pump, breakdown repair kit

HOW TO GET THERE

Arrival and departure
Numerous airlines (including Aer Lingus) fly direct to Stockholm from Dublin, and also Scandinavian Airlines; from there you can take a bus or taxi.
Nearest main airport: Stockholm, Sweden



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