

Cycling Safaris

SCOTLAND ~ LOCHS AND BENS

Self guided tour 2026

161 ml / 259 km | 8 days / 7 nights



Towering mountain peaks, shimmering lochs and romantic glens mark this route. There are forest walks and nature trails, castles and other ancient monuments. The fast flowing River Tay is a frequent companion beginning in Perth and continuing through Dunkeld and Aberfeldy to the beautiful scenery of Killin and Loch Tay. Visit historic Dunkeld, with its preserved square and ancient Cathedral and the peaceful lochside towns of Kenmore, Killin, Lochearnhead and St Fillans.

A rest day at Killin is included to allow time to visit the Falls of Dochart or cycle into beautiful Glen Lochay and Glen Lyon. So much to see, but the moderate cycling distances allows ample time for exploring.

TOUR ITINERARY

Day 1 Arrive Perth

Perhaps time to stroll to the shops, walk by the River Tay or climb Kinnoull Hill for a magnificent view of Perth and the Tay Valley. 19.00hrs route briefing and cycle provision at your accommodation in Perth.

Day 2 Perth - Dunkeld, 26 ml (42 km)

Cycle two miles from Perth to visit Scone Palace, a treasure house of furniture, ivories, fine porcelain, needlework and the unique Vernis Martin. From there you cycle north through the rolling farmland of Perthshire to the historic Cathedral town of Dunkeld, situated on the banks of the River Tay. It has a peaceful character and charmingly restored eighteenth century houses forming a small Square. Cathedral Street leads from there to the partly restored Cathedral construction of which began in 1318.



Day 3 Dunkeld - Aberfeldy, 20 ml (32 km)

You are never far from the swift flowing River Tay. Leave Dunkeld passing the Cathedral and follow the path along its north bank: join the quiet road northward to cross the river by an old railway bridge at Logierait. From there to Strathtay, a popular spot with canoeists and river rafters. Continue by the river to the small village of Weem. Only a short distance now to cross General Wade's Bridge into Aberfeldy. Visit the Distillery or explore the beautiful walks in the "Birks of Aberfeldy".

Day 4 Aberfeldy - Killin, 24 ml (39 km)

Leave Aberfeldy by General Wade's Bridge and stop to visit Castle Menzies, the seat of the Chiefs of Clan Menzies, currently being restored. Past Drummond Forest to the conservation village of Kenmore at the eastern end of Loch Tay. Visit the Crannog Exhibition which illustrates life on the Loch in the Bronze Age. By taking the south shore road you can enjoy to the full the unrivalled beauty of the Lochs and Bens on the way to Killin.

Day 5 Rest Day Killin, 35 ml (56 km)

Visit the Falls of Dochart; walk in the quiet countryside or up Ben Lawers, a 6mile cycle to Ben Lawers and then climb Ben Lawers, Perthshires highest mountain or cycle to scenic Glen Lochay and Glen Lyon 35ml(53km) round trip.

Day 6 Killin - Comrie/Crieff, 28 ml (45 km)

Enjoy a traffic free cycle through Glen Ogle to reach the small lochside village of Lochearnhead. From there continue along the south shore of Loch Earn enjoying the beauty of the loch and Ben Vorlich to reach St Fillans at the eastern end of the Loch. Follow the valley of the river Earn through Comrie to arrive at Crieff. Perhaps visit the Glenturret Distillery and the 'Famous Grouse Experience' or the 'Crieff Visitor Centre'

Day 7 Comrie/Crieff - Perth, 20/28 ml (32/45 km)

Take the opportunity to visit the famous formal Italian gardens at 'Drummond Castle Gardens' which are 2miles south of Crieff before an easy ride through quiet countryside to return to the riverside town of Perth.

Day 8 Departure Perth

Tour finishes after breakfast in Perth

Level 2/3

Moderate cycling. Some days flat, some days with moderate hills.

2026 SELF GUIDED DATES

Available to start daily from 1st April to 31st October

Minimum 2 people

2026 TOUR PRICES

£1,030.00 per person sharing

£1,315.00 Single room occupancy

Note: Bikes are not included in the tour price:

Bike hire +£110

E-Bike hire +£215

WHAT THE TOUR PRICE INCLUDES

- B&B accommodation in twin/double or single rooms with shower/toilet facilities in 3 or 4 star graded guesthouses
- Tour information including maps and detailed route description and gpx files
- Luggage transportation (weight limit of 20kg per person and one bag/suitcase per person)
- Emergency support

Excluded:

- Entrance fees for castles/visitor attractions
- Lunches and dinners
- Bike hire

ACCOMMODATION

We have selected B&B accommodation in twin/double or single rooms with shower/toilet facilities in 3 or 4 star graded guesthouses or private houses inspected by us.

Extra night in Perth:

£95 per person sharing / £135 single room

BIKE & FITNESS

Bike hire is not included in the tour price.

Hybrid bike hire: £110

E-bike hire: £215

Bikes are equipped with suspension forks, hydraulic disc brakes, mudguards, rear pannier frame, stand and bell. Hire equipment includes rear pannier bags (one 32 litre set per person), helmet, pump, tool kit, lock, map holder, cycle computer, water bottle, reflective vest, lights.

WHAT TO BRING

The principal of “layering” is recommended with several light garments preferable to one heavy one.

- Your outermost garments should be windproof and waterproof, preferably made from “breathable” fabric.
- T-shirts and shorts or padded cycling shorts are fine for warm days.
- Strong trainers (sneakers) are suitable for cycling and also comfortable for walking.
- Cycling gloves to protect your hands.
- A pair of sunglasses for protection against the bright sun and insects.
- It is wise to use a good insect repellent especially in the middle of summer. The Scottish Midge is a tiny flying insect, which can be troublesome, especially in the evening when the wind drops.

ADDITIONAL INFORMATION

Climate

Scotland’s weather varies from day-to-day and sometimes from hour to hour! The temperature range in summer is 13-24C (55-75F). Rain can fall any day or not at all. Usually it will only last for part of the day and the sky will clear perhaps with an occasional shower lingering on. The west coast is generally milder and wetter than the east. May and June are often drier than July and August. Remember that what appears an easy journey may be affected by the prevailing wind.

Meals

A full Scottish breakfast is provided and this will set you up for the day. On most days it is advisable to purchase your lunch before setting out in the morning as there may be no shops or eating places on the way. Some guesthouses offer a packed lunch at a cost of approximately £5.00.



To Perth

Perth is an easy train journey from Edinburgh (1h20), Glasgow (1h10) or Inverness (2h05), all of which have airports. Edinburgh and Glasgow airports are the best option if travelling from outside the UK.

Use the journey planner online at www.travelinescotland.com to plan journeys by public transport in Scotland. Private transfers from Edinburgh or Glasgow can easily be arranged.

<p>IT IS ESSENTIAL TO CHECK THE BUS AND TRAIN TIMES SHORTLY BEFORE YOUR HOLIDAY EITHER ON THE TRANSPORT COMPANY WEB SITE OR WITH OUR OFFICE. WE TRY TO ENSURE THE INFORMATION IS CORRECT BUT CANNOT BE RESPONSIBLE FOR ANY ERRORS OR OMISSIONS.</p>
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