

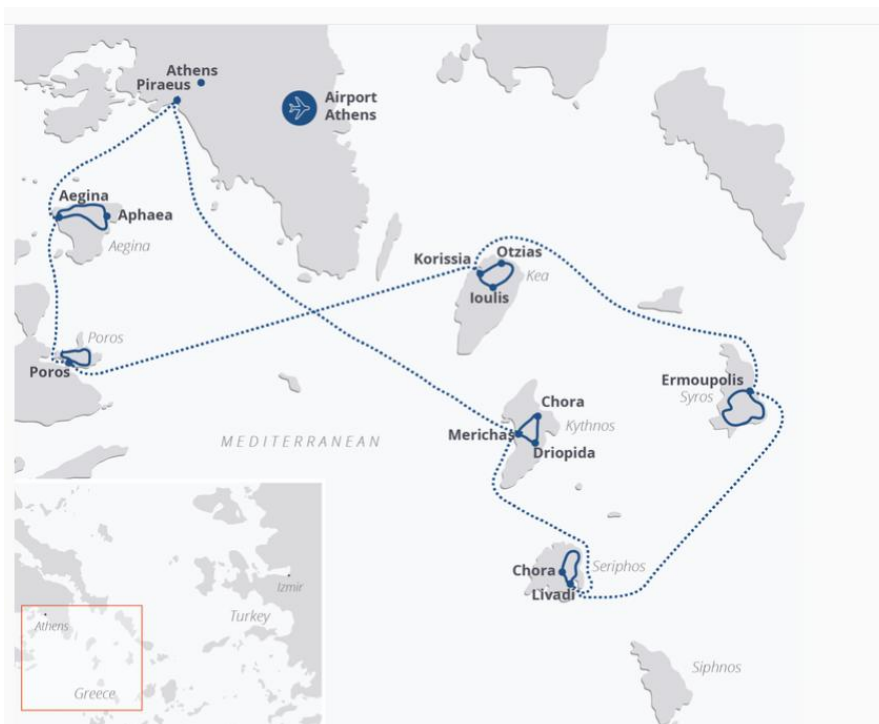
# Cycling Safaris

## Greece - Cyclade Islands & Saronic Islands From/to Athens

### Guided Tour 2026

Guide cycling with group | 170 km/106 miles | 7 nights / 8 days / Level 4/5

Tour starts and ends on a Friday



The Cyclades & Saronic Islands tour awaits you with great contrasts and lets you experience the diversity of Greece in an impressive way: The Cyclades Islands, comprising of more than 30 islands, was the cradle of the first European civilisation 5,000 years ago. Here we also see a truly authentic side of Greece: Gleaming white cube houses with blue shutters and labyrinth-like alleys dominate the architectural character of the islands' villages and towns. Along the mostly ragged coastlines there are impressive geological formations, turquoise-blue sea, and fantastic sand beaches.

Experience Greece from its greenest side on the Saronic Islands that lie between the Greek mainland and the Peloponnese. Learn about the Greek Liberation Struggle between 1821 and 1830 without which Greece would not be as we know it today. Experience the fascinating symbiosis of antiquity and modern times by Bike & Boat and delight in the authentic beauty of the Greek Aegean.

This tour is part of the PLUS program. The PLUS tours offer our guests a PLUS all-round: a comfortable motor yacht, unlimited e-bike availability, as well as some pleasant surprises along the way.

## TOUR ITINERARY

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### **Day 1 (Fri) Athens (Embarkation)**

Individual journey to Marina Alimos/Palaia Faliro. Check-in on the ship is possible from 4 pm onwards. Dinner on board and overnight stay in Athens.

### **Day 2 (Sat) Kythnos Island Cycle route approx. 15 mi. / 25 km**

Early in the morning we sail to Kythnos Island, famous for its cheese and honey since the antiquity. We begin our first cycling tour in the harbour of Merichas and head towards the island's capital, Chora. Along the way we can enjoy wonderful, scenic views of the coastline. Chora is a lovely town, situated on a high plateau. The town's alleys are decorated with painted flowers and geometric patterns. We continue on to the picturesque village of Driopida before returning to Merichas, where we can spend the evening in one of the cosy tavernas.

### **Day 3 (Sun) Seriphos Island Cycle route approx. 19 mi. / 30 km - Syros Island**

In the morning, our boat takes us to Seriphos, a small island far off the beaten tourist track. The island is characterised by deep valleys, countless bays and coves, and numerous beautiful sandy beaches. From the harbour town of Livadi, we cycle along a serpentine road to the island's main town of Seriphos, whose cube form houses, nestled into landscape, stretch along the mountain ridge high above the sea. From Seriphos, we continue on through untouched landscape to the Byzantine monastery of the Archangel Michael. We then return to Livadi along a panoramic road on the East coast. In the afternoon the ship takes us to Syros, where we can stroll through the breathtaking old town and round off the day in one of the numerous cafes on the spacious harbour promenade.

### **Day 4 (Mon) Syros Island Cycle route approx. 19 mi. / 30 km - Kea Island**

The town of Ermoupolis on Syros is the capital town of the Cyclades and offers an unforgettable view upon arrival: The town which is built on two hills is different from the other Cycladic towns. Pastel coloured houses, many of which have classical facades dominant the townscape. We cycle along the coast of Syros which is full of bays and coves along the entire southern half of the island to the beautiful beach of Galissas and then past the convent of Saint Barbara back to Ermoupolis. In the afternoon we continue by boat to the island of Kea.

### **Day 5 (Tue) Kea Island Cycle route approx. 15 mi. / 25 km**

Our starting point for exploring the north western-most inhabited Cycladic island is the beautiful natural harbour of Korissia. From here we climb up to the island's capital Ioulis before continuing on to the white sand Otzias Beach where we enjoy a refreshing swim stop. Afterwards we cycle back to Korissia, and then sail to Poros in the Saronic Gulf in the afternoon. The harbour town of Poros is truly spectacular with its iconic clock tower soaring above the rest of the town. Poros is the perfect place to enjoy a relaxing evening and get lost in the authentic Greek island atmosphere.

### **Day 6 (Wed) Poros Island Cycle route approx. 15 mi. / 25 km**

Today, we almost completely circle the entire island of Poros, which in ancient times was dedicated to the sea god, Poseidon. Shortly before the end of the tour we arrive at Russian Bay, a sandy beach with turquoise blue waters, the perfect place for a relaxing swim! Once back in Poros, we board the boat and enjoy a delicious midday meal as we cruise to Aegina.

**Day 7 (Thu)                      Aegina Island                      Cycle route approx. 22 mi. / 35 km**

The island of Aegina is known far beyond the Greek borders for its incredible pistachio nuts! Today's bike tour takes us up to the sanctuary of Aphaia, towering high above the azure blue of the sea. The incredibly well-preserved temple is located on the only point on the island where the Aegean Sea can be seen on both sides. On our way back to the boat, we cycle across the middle of the island past the monastery of Nektarios all the way to the town of Aegina. Here we board the boat for our last cruise back to Athens. The last evening on board concludes with a communal dinner and last get-together in a cosy atmosphere with crew, fellow travellers, and tour guides

**Day 8 (Fri)                      Athens                      Disembarkation**

After breakfast check-out and individual return home or extended stay in Athens.

*The Cyclades are relatively susceptible to wind. Normally this will only result in minor modifications of the tour route. However, should the wind be too strong or dangerous, the travel route may markedly differ from the planned route. Our substitute tour leads through the Saronic Gulf for the entire week, one of the most historic regions of Greece: We would cross between the Greek mainland and the Peloponnese and discover the islands of Aegina, Poros, Hydra, Spetses, and the Methana peninsula.*

**2026 TOUR PRICE**

<b>Dates</b>	<b>Season</b>	<b>Ship Min. 14 / max 18 pax</b>
01.05. - 08.05.2026	Season B	Thalassa
01.05. - 08.05.2026	Season B	Erato
08.05. - 15.05.2026	Season B	Thalassa
08.05. - 15.05.2026	Season B	Erato
15.05. - 22.05.2026	Season C	Thalassa
15.05. - 22.05.2026	Season C	Erato
22.05. - 29.05.2026	Season C	Thalassa
22.05. - 29.05.2026	Season C	Erato
29.05. - 05.06.2026	Season C	Thalassa
05.06. - 12.06.2026	Season C	Thalassa
05.06. - 12.06.2026	Season C	Erato
12.06. - 19.06.2026	Season C	Thalassa
12.06. - 19.06.2026	Season C	Erato
21.08. - 28.08.2026	Season C	Thalassa
28.08. - 04.09.2026	Season D	Thalassa
28.08. - 04.09.2026	Season D	Erato
04.09. - 11.09.2026	Season D	Thalassa
11.09. - 18.09.2026	Season D	Thalassa
11.09. - 18.09.2026	Season D	Erato
18.09. - 25.09.2026	Season D	Erato
25.09. - 02.10.2026	Season D	Thalassa
25.09. - 02.10.2026	Season D	Erato
02.10. - 09.10.2026	Season C	Thalassa
02.10. - 09.10.2026	Season C	Erato

Price per person in euro	Season B	Season C	Season D	Price difference to double occupancy
<b>THALASSA</b> Double occupancy	3.375,00	3.630,00	3.885,00	
<b>THALASSA</b> Single occupancy in double cabin	5.060,00	5.445,00	5.825,00	+50%
<b>ERATO</b> Double occupancy	3.580,00	3.830,00	4.090,00	
<b>ERATO</b> Single occupancy in double cabin	5.370,00	5.750,00	6.130,00	+50%

*We offer a discount of €150 per person on the tour price above for the following dates:  
1<sup>st</sup> May, 8<sup>th</sup> May, 14<sup>th</sup> May, 22<sup>nd</sup> May, 5<sup>th</sup> June and 12<sup>th</sup> June!!!*

#### Price reductions:

Children up to the age of 16 receive a discount of 200 euro on the tour base price (double occupancy, not combinable with other discounts). When travelling with children, we recommend our Multi- Adventure Tours in Greece and Croatia which are specifically curated for families and offer family-friendly pricing

### WHAT IS INCLUDED IN THE TOUR PRICE

#### Services included:

- 8-day trip on a motorized yacht with crew
- 7 nights in a twin cabin below deck with shower/toilet
- 2 x full-board and 5 x half-board on board
- Drinking water on board
- Guided bicycle tours and sightseeing as described in the itinerary
- Overview-maps for the daily bike tours (on board)
- Entrance fee to museums and archaeological sites (group visit only)
- Bed linen and towels
- English-speaking tour guide

#### Not included / optional extras

- Journey to Athens
- Beverages on board (tally sheet; to be paid to the captain)
- Meals and beverages ashore
- Entrance fee for sights not included in the tour price
- Beach towel for ashore use (if needed)
- Tips for tour guides and crew
- Special dietary requests (lactose free / gluten free / vegan), surcharge: 70 euro (must be communicated in advance, payment on board)
- Rental e-bike with Ortlieb pannier: 260 euro/week
- Limited liability protection for rental e-bikes (theft and damage): 30 euro/week (not covered: grossly negligent damage)

## WHAT TO BRING

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Specialised cycle clothing may be handy but not strictly necessary. What you do need (among other things) is the following:

- shorts/ long trousers/ track suit/ leggings
- shirts/ sweater/ rain clothing
- good shoes
- sunglasses/ cap/ swimming costume
- extra towel for swimming
- soap/ insect repellent
- helmet

**Helmet use is mandatory on all bike tours in Greece. You are strongly encouraged to bring your own (well fitted) helmet. Rental Helmets are available on board in limited number (reservation requested).**

## TRAVEL INFORMATION

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A flight is the fastest, easiest and cheapest way to come to Greece.

Marina Zeas/Piraeus for Thalassa resp. Marina Alimos/Palaia Faliro for Erato, your port of embarkation is only 25 km away from Athens Airport (named El. Venizelos Airport).

### **Transfers between Athens Airport and the Boat**

We can organize collective transfers from Athens airport to the yacht harbour of Piraeu or Palaia Faliro. As long as those transfers take place on embarkation and disembarkation days.

For the organization of all transfers a reservation is requested. Please indicate your exact flight numbers and arrival times. If there are late changes to your flight times you are kindly requested to inform us immediately.

## BIKE RENTAL

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### *Electric bikes*



Clients who wish to be supported by a tail-wind and seek to hire an e-bike will receive a high-quality cycle, powered mainly by a Bosch motor capable of covering long distances, and characterized by their light weight and great components. Alternative drive systems may also be used. Standard components of our e-bikes in varying frame sizes include, 28 inch hollow chamber rims with puncture-proof touring tires, high-quality derailleur gears and break systems, a carrier and a sturdy bike stand, touring saddle as well as mudguards and a pannier rack. With our e-bikes you will conquer the hills with a smile, they are a true declaration of independence for all who wish to cycle and seek the support of a little push.

**Level 4 / 5**

Cycling tours through hilly to mountainous terrain with some steeper ascents of up to approximately 400 meters. All tours, including the elevation gains, can be mastered more easily with electronic assistance. Requires confident riding on winding descents, uneven asphalt, and occasionally gravel paths. Suitable for experienced cyclists accustomed to longer daily stages.

**Distance: 25 - 35 km per day**

Total elevation: 250 - 500 meters of elevation per day

Relevant for all levels: Safe cycling skills and familiarity with road traffic are prerequisites for taking part in our tours. Anyone renting an e-bike should already have experience and be confident in handling e-bikes, as these bikes are significantly heavier and faster than conventional bikes.

**Individual cycling**

This tour is primarily a guided group tour. Upon consultation with your tour guides, the possibility to cycle on your own along recommended, suitable routes, may present itself. You are free to set aside a half or full day to swim or spend on board the boat, instead of taking a planned bike tour.

**Bringing Children**

We believe that only children with a good physical condition and previous bicycle tour experience and a minimum age of 10 are able to master the cycle tours with their own strength. Please note that the minimum height for a rental e-bike is 1.50 m (5 ft.). When travelling with children, we recommend our Multi-Adventure Tours in Greece and Croatia which are specifically curated for families and offer family-friendly pricing.

**Additional optional services (on request)**

- **Collective group transfers** (on embarkation and disembarkation days only):  
between Athens airport and the boat respectively between a hotel at Athens city and the boat:  
*price on request*
- Exclusive transfers: *price on request*
- Additional nights in good hotels in Athens: *price on request*
- **3-day extension module Athens**; available pre and post tour (incl. transfers: Airport - Hotel + Hotel - boat, 2 nights in a 3 or 4 star hotel, entrance to the Acropolis), 1 evening meal in the Tavern 'To Kafeneion' excl. drinks, 1 guided tour of your choice: either Athens by e-bike tour, Athens foodies tour or mythological walk in Athens, brochure on further recommended activities in Athens): **3\* Hotel**: on request; **4\* Hotel**: on request
- **4-day extension module on Santorini**: available pre or post tour (incl. transfers between Santorini airport or ferry port and the hotel, 3 nights in a 3-star boutique hotel, 1 guided tour of your choice: either sea kayak tour or e-bike tour or a culinary caldera walk, brochure on further recommended activities on Santorini) - Standard: Room with land view / Deluxe: Room with sea view - April-June & October: Standard: on request Deluxe: on request // July-September: Standard: on request Deluxe: on request

## ACCOMMODATION

### The Delux Ship Thalassa

The Thalassa is an impressive three mast motor yacht built in 2002. On board elegance and comfort combine to create one of the most majestic ships in our fleet. A true eye catcher in any harbour.

The saloon and the 10 guest cabins are spacious and modern over a total space of 38 x 7.6 metres. The vast decks provide plenty of comfortable spaces to recline and relax.



The spacious sun deck, equipped with cosy mats, invites to have a sun bath and to relax. The cook on board is a member of the crew and prepares the breakfast and one or two warm meals a day with a delicious selection of local specialties prepared in the ships own gallery. The catering starts with the dinner on the arrival day and ends with the breakfast on the departure day.



## Deluxe ship ERATO (shower/WC in each cabin)



The elegant motor sailer Erato offers all the comfort and luxury you could desire during your bike and boat adventure. The Bordeaux-red yacht immediately captures attention!

The cabins are clad in fine wood while the saloon offers a warm and cozy atmosphere creating a homely ambiance onboard.

The outdoor area boasts plenty of comfortable seating and space for you to relax under the sky. The friendly, attentive crew have spent most of their lives on the water and are dedicated to helping fulfill your holiday dreams.

Not to be forgotten, the Erato offers a delicious range of traditional Greek cuisine, lovingly served at every meal.



### Internet availability:

A free WiFi connection is available on your ship. On the open sea, reception cannot be guaranteed at all times. If you need a stable internet access during your voyage, we recommend that you take your laptop or tablet to a cafe or bar at the port. Free WiFi is offered almost everywhere. If you order something there, you can use the WiFi without restriction.