

Cycling Safaris

The Lake Constance Tour 2024

Self guided Tour

230-250 km | 6 nights / 7 days



This classic tour takes you round the entire lake showing off all of its highlights along the way as well as the historic towns of Konstanz, Stein am Rhein, Meersburg and Lindau and the festival town of Bregenz. Take the time along the route to discover the beauty of Lake Constance and explore the area.

The first section is slightly hilly and otherwise level, on dedicated paved cycle paths close to the lake. The path sometimes follows brief sections that are unpaved; around Friedrichshafen the cycle path is alongside the main road. The banks of the lake are widely accessible to the public. Suitable for families.

TOUR ITINERARY

Day 1 Individual arrival in Constance

Take the chance to visit Mainau island or take a walk through the old town of Constance. The aquariums in the Sea Life Center and the Archaeological Museum are also recommended.

Day 2	Constance - Gailingen - Stein am Rhein/Wangen	approx. 30-40 km (cat. A)
	Constance - Gailingen / Stein am Rhein	approx 30-50 km (cat. B)
	Constance - Wangen / Hemmenhofen	approx. 35 km (cat. K)

The first stage of your bike tour takes you first along the Swiss shore of the Untersee to Stein am Rhein. The town has one of the most beautiful medieval town centers on Lake Constance and impresses with its colorfully painted facades. Depending on the category booked, you will reach Gailingen a few kilometers downstream, stay overnight in Stein or cycle to the picturesque Höri peninsula to Wangen or Hemmenhofen. In Hemmenhofen once lived the painter Otto Dix, in Gailingen the writer Hermann Hesse.

2024 TOUR PRICES & DATES

Arrival daily from 15th March – 26th October 2024

Season A: 15th – 22nd March, 7th -19th April, 13th – 26th October
€600 per person sharing (Cat B) €230 single room supplement
€800 per person sharing (Cat A) €280 single room supplement
€1100 per person sharing (Cat K) €500 double room for single use

Season B: 23rd March – 6th April, 20th – 26th April, 22nd September – 12th October
€750 per person sharing (Cat B) €230 single room supplement
€950 per person sharing (Cat A) €280 single room supplement
€1250 per person sharing (Cat K) €500 double room for single use

Season C: 27th April – 7th May, 12th – 16th May, 2nd – 28th June, 25th August – 21st September
€900 per person sharing (Cat B) €230 single room supplement
€1100 per person sharing (Cat A) €280 single room supplement
€1400 per person sharing (Cat K) €500 double room for single use

Season D: 8th – 11th May, 17th May – 1st June, 29th June – 24th August
€950 per person sharing (Cat B) €230 single room supplement
€1150 per person sharing (Cat A) €280 single room supplement
€1450 per person sharing (Cat K) €500 double room for single use

Child reduction (in room with 2 paying adults, does not include bike)

0 – 5 years: 100%
6 – 13 years: 50%
14 – 17 years: 25%

Bike rental (not included in the basic tour price)

€105 8- or 27 speed touring bike*
€265 E-Bikes / Pedelec (freewheel)*
€55 Teenager's bike*
*incl. bike insurance

WHAT IS INCLUDED IN THE TOUR PRICE

- 6 overnight stays in a double room with breakfast in the chosen category:
Cat B: national 2*- 3* Level , Cat A: 3*-4* Level, Cat K: national 4*/level
- Entrance Rosgarten Museum Constance incl. 1 coffee
- Transport of luggage from hotel to hotel, maximum of 20 kg per bag
- Comprehensive tour information and maps (one per room)
- 7-day service hotline (8 am – 8pm)

BIKE RENTAL



Bike hire is not included in the tour package.

- 8 - speed hub and coaster brake or 27 - speed derailleur are available
- Bikes are **Unisex with low step-through** or men's bikes are available from approx 175 cm
- Fitted with road bicycle tire " Schwalbe Marathon Plus "
- Comfortable saddle, bike lock, luggage rack, odometer, air pump, hub dynamo, repair kit, waterproof pannier and handlebar bag with map holder

Helmet rental is not available, but you can buy a helmet for €40+ (to be paid locally)
Helmet use is mandatory on bike tour. You are strongly encouraged to bring your own helmet.

Bike handover

Pick-up of bikes in Constance between 9am and 7pm, 7 days per week. On request delivery to the hotel, then no individual adjustment by our staff on site. Departure: Return bikes to shop in Constance or guests leave them at the hotel.

Requirements

The cycling routes require a basic level of fitness, which you should have acquired by steady cycling. The routes can reach an altitude of 200 to 500 meters. The daily routes, of 20 - 60 km, cover some hilly terrain and can be completed without time constraints. You will also come across some longer and climbs, where walking your bike is of course advised. The cycle path and roads are mostly asphalted and there is little traffic outside of holiday periods.

WHAT TO BRING

We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat and sunglasses will protect you from getting too much sun. Finally, please make an effort to pack lightly. This will make your travels easier and will be much appreciated with the luggage transfers.

TOUR PROFILE

Character:

Mainly hilly along tarred cycle paths, quiet back-roads and sometimes along dirt tracks.

Due to the altitude profile we don't recommend this tour for children.

BACK UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

HOW TO GET THERE

The closest airports are airport Stuttgart or airport Friedrichshafen.

From Stuttgart airport to Constance there is a train which goes every 30 minutes and takes approx 1hr 45mins. You may have to change trains once.

There is also a train connection from Friedrichshafen airport to Konstanz. Trains go every 30 minutes and only take 1 - 1.15 hours (0-1 train changes).

Train connections from Friedrichshafen to Stuttgart go every 30 minutes. 1 change. Duration approx 1.5 hours.

