Cycling Safaris

Family bike tour "Bruges for Kids"

Self-guided Tour 2027

154 – 169km 7 days ~ 6 nights





This holiday is truly surprising! The region between the Belgian coast and the stunning city of Bruges is a special area to discover, both for kids and for adults. This cycling trip is ideal for the whole family: sea and sand, cultural heritage, shopping in Bruges, peaceful villages and cycling paths through a splendid countryside.

Tour highlights:

- Cycling between the coast, dunes, polders and canals
- Rich architectural heritage (churches, abbeys, castles…)
- The historic centre of Bruges
- Hotel near the beach in Ostend
- Attractions in Bruges for kids: Boudewijn Seapark, Choco Story and many more
- Attractions in Ostend for kids: Airport Bowl, Jumpsquare, Museum ships Mercator and Amandine Children's farm 'De lange schuur'

TOUR ITINERARY

Day 1: Arrival in Bruges

There is really a lot to do in Bruges that will entertain both young and old!

A boat trip on the 'Reien' is always a nice experience. These boat trips usually take half an hour.

For a really wonderful time, you can go to the Boudewijn Sea park, a lovely theme park where you can see the kids will have a wonderful time in the chocolate museum 'Choco-Story'!

The historical centre of Bruges has a lot to offer, with the famous marketplace and the belfry. Trips by carriage through the historical town centre are also possible.

Or how about Zeebrugge? In Zeebrugge, you can visit Seafront, a maritime theme park, where you can visit an ancient Russian submarine, and life on the sea.

Day 2: Bruges - De Haan – Ostend - 43 km

The cycle heads towards Ostend, en route you pass De Haan, a village which has beautifully preserved the 'Belle Epoque'style (19th century). Your destination is Ostend - a paradise for the children! The hotel where you stay for three nights is situated at the beach, and there is a lot to discover: children's farm 'De Lange Schuur', the playground 'Airport Bowl', Earth Explorer…



Day 3: Round tour to Oudenburg - 28 km



The cycle will bring you to the nice and flat countryside behind the Belgian coast, also named 'polder landscape'.

Oudenburg is a typical Flemish village, built on the foundations of an ancient roman city that you can visit on your travels.

Day 4: Round tour to Nieuwpoort – 35/45 km

Nieuwpoort is just like Ostend and Blankenberge one of the favourite seaside resorts in Belgium. This small town is situated along the river mouth of the 'Yser', a river that played an important strategic role during the First World War. The children will certainly enjoy the harbour and the nature reserve 'Ysermonde'. You can also have a break on the wide and lovely beach.

Day 5: Ostend – Bruges - 35 km

You cycle back to Bruges and en route pass charming villages such as Bredene to enjoy typical Belgian beaches and countryside with the children.

You pass the peaceful canal Ostend – Bruges as well the popular 'Spuikom' in Ostend.

The day ends back in beautiful Bruges!

Day 6: Cycling tour to Blankenberge and the North Sea - 32 km
There is nothing nicer for the kids than spending a day by the sea! Blankenberge is a busy town on the Belgian coast, and a popular destination for the many tourists.



What kids will really like is the Sea Life Marine Park, where they can discover the fascinating wildlife of the rivers and the oceans (sharks, piranha's…)!



Day 7: Departure after breakfast

2027 TOUR DATES

Arrival: Every Sunday from 25th April up to and including 19th September

2027 TOUR PRICE

€665 adult price per person sharing
€245 for single room if travelling with others
€50 Surcharge high season (6th June – 15th August)

Bike rental is not included in the price above which is additional:
Touring Bike: €90
E-bike: €170
Child Seat: €20
Child Bike /Trailer / 3rd wheel: €55
Bike insurance: €15 touring bike or €25 e-bike

Price for a child sharing a room with 2 adults:
0-2 years – free tour
3-6 years – 50% discount
7-12 years – 30% discount

Additional extras (per person):
Extra night in Bruges: €85 per person sharing, single room: €150

TOUR PRICE INCLUDES

- 7 days – 6 nights in 3/4* hotels
- Free hotel parking Bruges during stay, other days €5/day
- Room with bath, shower and toilet
- 6x breakfast buffet
- Map, tourist information and route description
- Luggage transport (1 piece per person, up to 15 kg)
- Service-Hotline (also weekends)

Option
- Half board for €245 (6x 3 course dinner including beer, wine, lemonade & water in Ostend)

ADDITIONAL INFORMATION

What to bring

Your enjoyment of the tour will also depend on whether you choose the right clothes to take along. We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat will protect you from getting too much sun. Although wearing a helmet is not compulsory in Belgium, we recommend to bring your own helmet (helmets are not available to rent on this tour).

Accommodation

All rooms have an en-suite bathroom and are generally in the 3 or 4 star category. You can savour the good regional kitchen with a generous breakfast and a 3 course menu (if booked half board). Vegetarian options are also possible (if requested).

Arrival to tour start

Brussels airport (Zaventem) or Brussels South Airpor (Charleroi) + train to Bruges and bus or taxi to the first hotel

The trains are frequent to Bruges from Brussels – 2 trains / hour, the journey takes approx 2 hours.

BIKE RENTAL

Bike rental is not automatically included in the tour price but can of course be organized.

Ladies' bicycle



Child's bike



Mens' bicycle



3rd Wheel



Electric bike



Child seat



Tandem



Trailer



The bike tours are unescorted. All mileages are approximate distances of recommended routes, the tour is easy and flat, suitable for all cyclists and families with children with some cycling experience.