

Cycling Safaris

Family bike tour "Bruges for Kids"

Self-guided Tour 2024

154 - 169km | 7 days / 6-night



This holiday is truly surprising! The region between the Belgian coast and the stunning city of Bruges is a special area to discover, both for kids and for adults. This cycling trip is ideal for the whole family: sea and sand, cultural heritage, shopping in Bruges, peaceful villages and cycling paths through a splendid countryside.

Tour highlights:

- Cycling between the coast, dunes, polders and canals
- Silent roads and cycling paths along a signposted network
- Rich architectural heritage (churches, abbeys, castles,...)
- The historic centre of Bruges
- Hotel near the beach in Ostend
- Attractions in Bruges for kids: Boudewijn Seapark, Choco Story and many more
- Attractions in Ostend for kids: Earth Explorer, Airport Bowl, Children's farm 'De lange schuur'

TOUR ITINERARY

Day 1: Arrival in Bruges

There is really a lot to do in Bruges that will entertain both young and old!

A boat trip on the 'Reien' is always a nice experience. These boat trips usually take half an hour.

For a really wonderful time, you can go to the Boudewijn Seapark, a lovely theme park where you can see The kids will have a wonderful time in the chocolate museum 'Choco-Story'!

The historical centre of Bruges has a lot to offer, with the famous market place and the belfry. Trips by carriage through the historical town centre are also possible.

Or how about Zeebrugge? In Zeebrugge, you can visit Seafront, a maritime theme park, where you can visit an ancient Russian submarine, and life on the sea.

Day 2: Bruges - De Haan - Ostend

40 km

The cycle heads towards Ostend, en route you pass De Haan, a village which has beautifully preserved the 'Belle Epoque' style (19th century). Your destination is Ostend - a paradise for the children! The hotel where you stay for three nights is situated at the beach, and there is a lot to discover: children's farm 'De Lange Schuur', the playground 'Airport Bowl', Earth Explorer...



Day 3: Round tour to Oudenburg

30 km



The cycle will bring you to the nice and flat countryside behind the Belgian coast, also named 'polder landscape'.

Oudenburg is a typical Flemish village, built on the foundations of an ancient roman city that you can visit on your travels

Day 4: Round tour to Nieuwpoort

44 km

Nieuwpoort is just like Ostend and Blankenberge one of the favourite seaside resorts in Belgium. This small town is situated along the river mouth of the 'Yser', a river that played an important strategic role during the First World War. The children will certainly enjoy the harbour and the nature reserve 'Ysermonde'. You can also have a break on the wide and lovely beach.

Day 5: Ostend - Bruges

36 km

You cycle back to Bruges and en route pass charming villages such as Bredene to enjoy typical Belgian beaches and countryside with the children.

You pass the peaceful canal Ostend - Bruges as well the popular 'Spuikom' in Ostend.

The day ends back in beautiful Bruges!

Day 6: Cycling tour to Blankenberge and the North Sea

31 km

There is nothing nicer for the kids than spending a day by the sea! Blankenberge is a busy town on the Belgian coast, and a popular destination for the many tourists.



What kids will really like is the Sea Life Marine Park, where they can discover the fascinating wildlife of the rivers and the oceans (sharks, piranha's,...)!



Day 7: Departure after breakfast

2024 TOUR DATES

Weekends Fri-Sun in April, May, June, September. Every day in July, August. Other days on request.

2024 TOUR PRICE

€465 adult price per person sharing

€170 for single room if travelling with others

Bike rental is not included in the price above which is an additional:

Touring Bike	€70
E-bike:	€140
Child Seat	€15
Trailer / 3 rd wheel	€45
Child Bike	€45
Bike insurance:	€15 (touring bikes) or €25 (e bikes)

Price for a child sharing a room with 2 adults:

0-2 years - free tour (€15 for baby seat)

3-6 years - 50% discount

7-12 years - 30% discount

Additional extras (per person):

Extra night in Bruges: €65 per person sharing €100 single room occupancy

TOUR PRICE INCLUDES

- 7 days - 6 nights in 3/4* hotels in ensuite room with breakfast
- Map, tourist information and route description
- Luggage transport (1 piece per person, up to 20 kg)
- Local taxes, except in Bruges
- Service-Hotline

ADDITIONAL INFORMATION

What to bring

Your enjoyment of the tour will also depend on whether you choose the right clothes to take along. We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat will protect you from getting too much sun.

Accommodation

All rooms have an en-suite bathroom and are generally in the 3 or 4 star category. You can savour the good regional kitchen with a generous breakfast and a 3 course menu (if booked half board). Vegetarian options are also possible (if requested).

Arrival to tour start

Airport in Brussels or Charleroi (Ryanair) + train to Bruges and bus or taxi to the first hotel

The trains are frequent to Bruges from Brussels - 2 trains / hour, the journey takes approx 2 hours.

BIKE RENTAL

Bike rental is not automatically included in the tour price but can of course be organized.

Ladies' bicycle



Child's bike



Mens' bicycle



3rd Wheel



Electric bike



Child seat



Tandem



Trailer



The bike tours are unescorted. All mileages are approximate distances of recommended routes, the tour is easy and flat, suitable for all cyclists and families with children with some cycling experience.