

# Cycling Safaris

## Lanzarote – The Land of Volcanoes Self Guided Tour 2024

243 – 320km | 8 days / 7-nights



Enjoy a ride through some of the most dramatic landscapes to be found in Europe. These islands are of volcanic origin. Lanzarote suffered a series of eruptions in the 18<sup>th</sup> century and as a result has some fascinating landscapes with volcanoes everywhere we look and immense lava flows – some of the most unique riding you are likely to encounter anywhere.

The unique architectural works of César Manrique form a valuable complement to the volcanic environment, and his enduring influence and ecological concern has meant that the island has escaped the excesses of modern-day mass tourism.

Last but not least, the benign climate, neither hot in summer nor cold in winter, means that cycling is possible all year round. Our combination of rides and free days mean you can choose whether you ride or take the occasional day off. Definitely a trip not to be missed!

## TOUR ITINERARY

---

### **Day 1** Arrive in Lanzarote. (Arrecife Airport).

Arrival in Lanzarote. The day is free to enjoy the beach resort of Costa Teguisse.

### **Day 2** Costa Teguisse - Haría

**33 to 51km**

Today you ride from Costa Teguisse to the inland town of Haría. En route you have the opportunity to visit Manrique's famous works such as El Jardín de Cactus, Los Jameos del Agua, El Mirador del Río which form an integral part of the volcanic landscape. You also have the opportunity to visit the volcanic cave of La Cueva de los Verdes. You take in fishing villages without losing sight of the impressive Monte Corona. Finally you arrive in the picturesque village of Haría surrounded by its uncountable palm trees. Routes of 34, 45, 52 km.

### **Day 3** Haría - Teguisse

**33 or 52 km**



From Haría, you take the road down towards Teguisse, the one-time capital of the island. Your route gives spectacular views down over the coast. Teguisse itself is a delightful small town with typical architecture and many pleasant bars for refreshment.

From here you continue towards San Bartolomé and the fascinating wine-producing area of La Geria to your country hotel in or near Teguisse where you spend the next two nights.

### **Day 4** Roundtrip from Teguisse

**50 km**

Today is a free day spent in our near your Teguisse. You can choose to relax, or enjoy a round ride, or even both. Your round ride takes us towards the beautiful beach of Famara with the spectacular backdrop of volcanic cliffs. After following the coast, you head across extensive lava fields and a lunar landscape back to San Bartolomé. 50 km circuit, but shorter route to Fundación César Manrique or Teguisse available.

### **Day 5** San Bartolomé - Playa Blanca

**47 or 58 km**

From San Bartolomé you head towards the island's main attraction, the Parque Nacional de Timanfaya. This is where Lanzarote's volcanic nature is at its most spectacular. The eruptions of 1730 - 1736 buried around a quarter of the whole island, including several villages, and gave rise to the impressive lava and volcano landscape that we see today.

From here you head down to the south of the island, stopping en route to visit the seaside volcanic crater of El Golfo before you finally reach the seaside village of Playa Blanca.



**Day 6****Playa Blanca – Roundride****36 or 70 km**

Playa Blanca sits at the very south of the island and looks across to Fuerteventura. Today you can take a boat across to Corralejo and enjoy a visit or a ride on another island. Alternatively, you can enjoy a day in Playa Blanca and take the opportunity to visit the nearby coves and beaches of Papagayo, the best on the island and unspoilt by tourism. Another option is to visit El Golgo for a seafood lunch by the beach. Route to El Golfo 36 km. Fuerteventura circuit 70 km.

**Day 7****Playa Blanca – Arrecife****50 km**

From Playa Blanca, you head across the dramatic hills of Femés before heading to the wine country of La Geria. Here, the unusual vineyard cultivation techniques have given rise to a fascinating landscape not to be seen anywhere else in the world, and producing some fine wines. You then descend to the coast and follow a nice promenade from Puerto del Carmen to Arrecife.

**Day 8****End of services. Taxi to airport (4 km)**

After breakfast, our transfer will bring you to the airport.

**2024 TOUR DATES**

Self led tours can begin any day of the week from 1st January – 31st December

**2024 TOUR PRICES**

€1090 per person sharing

€1340 single room

€150 solo traveler supplement (if you are traveling on your own)

**3rd person in triple room: 10% discount/ under 18s sharing room with adults 20% discount.**

*Christmas supplement:*

*Trips booked over Christmas period may imply a surcharge above the high season price, depending on availability.*

## WHAT IS INCLUDED IN THE TOUR PRICE

### Included

- › 7 nights accommodation in 4 & 5\* hotels and country inns with en-suite bathroom
- › Luggage transport
- › Arrival transfer included from Arrecife Airport to Costa Tequisa
- › Departure transfer included from Arrecife to Arrecife Airport
- › Buffet breakfast
- › Information Pack (Route Guide and maps, elevation profile, GPS files)

### Not included

- › **Bike rental is not included in the tour price!**
- › Holiday extension
- › Evening meals
- › Boat to Fuerteventura (optional day 6 excursion)
- › Entrance fee to Timanfaya Park

Touring bike: €130

Carbon Road bike: €170

E-bike: €195

E-road bike: €240

E-MTB bike: €240

€50 supplement for transferring bike case.

## BIKE RENTAL



### Carbon road bike

#### Various models

A quality carbon bike with Shimano 105 gearset.  
22 speeds



### Touring bike

#### Stevens

Good all-purpose bike.  
30 speeds



### E-bikes

#### Various models

Over the last few years, the e-bike has revolutionised cycle touring. Tours are made so much easier and differences between riders' abilities are minimized.

Makes and models may vary subject to availability.

### Equipment for trekking bikes and E-bikes

These bikes are supplied with: helmet (obligatory in Spain), rear luggage rack, pannier, odometer, pump, basic toolkit, 1.5 litre water bottle, lock.

### Equipment for road bikes

All bikes are supplied with: helmet (obligatory in Spain), odometer, pump, basic toolkit, 1.5 litre water bottle.

### Optional extras

Automatic pedals.

## ACCOMMODATION

---

4 & 5 Star hotel and country inn accommodation. We do reserve the right to change the accommodation around during the tour, but we will always provide a high standard.

### Accommodation list – subject to availability

**Costa Teguisé**

[Hotel Barcelo Teguisé Beach\\*\\*\\*\\*](#)



**Haría**

[Villa Lola & Juan](#)



**Teguisé**

[Hotel Palacio Ico](#)



**Playa Blanca**

[Hotel H10 White Suites\\*\\*\\*\\*](#)



**Arrecife**

[Gran Hotel Arrecife\\*\\*\\*\\*\\*](#)



## BACK-UP SERVICE

---

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

## WHAT TO BRING

---

Specialized cycle clothing may be handy but not strictly necessary. What you do need (among other things) is the following:

- shorts/ long trousers/ track suit/ legging
- shirts/ sweater/ rain clothing
- gloves (only when you book a tour in April. It can be chilly in the morning that time of year!)
- good shoes
- sunglasses/ cap/ swimming costume
- extra towel
- soap/ insect repellent
- swimwear

## OTHER INFORMATION

---

### **Terrain / Gradients**

The island is not flat. Terrain is undulating and at times flat. One short but steep climb on Day 7. Distances are not excessive, and 2 free days are included where the rider decides whether to cycle or not.

### **Arrival points**

Lanzarote (Arrecife) Airport There are many airlines flying from European destinations to the Canaries. Information available on request. Arrival and departure transfer from Arrecife Airport are included.

### **Holiday extensions**

Possibility of spending extra nights in Lanzarote or anywhere along the tour. Details on request.

### **Special departures**

Special departures may be organised for groups of 8 or more riders. Please consult availability.