

Cycling Safaris

SARDINIA & CORSICA

Self-guided Tour 2024

Approx. 315 km | 8 days / 7 nights

Sardinia and Corsica. Two islands and two countries combined into one cycling tour. Both distant from France and Italy, the two islands have preserved their traditions and a strong cultural identity. Fantastic coastal rides, great sea and mountain landscapes and a superb cuisine are amongst the highlights of this exciting trip.

Highlights include

- The village of San Pasquale
- Santa Giulia and Palombaggia beaches
- The spectacular view of Col de l'Ospedale
- Roccaspina beach
- Gallura landscape between vineyards and forests

TOUR ITINERARY

Day 1 Arrival day

Private transfer or independent arrival to Cannigione, overnight.

Day 2 Cannigione - Santa Teresa di Gallura (38 Km)



You start with a sensational coastal ride to Palau, where you can admire the Maddalena archipelago. Nestled on the hills overlooking the coast, the lovely village of San Pasquale is the ideal base for your lunch break.

Quiet country roads will take you to the charming town of Santa Teresa. A quick detour to Capo Testa offers a great view over the Bonifacio strait and Corsica.

Day 3 Santa Teresa di Gallura - Porto Vecchio (65 Km)

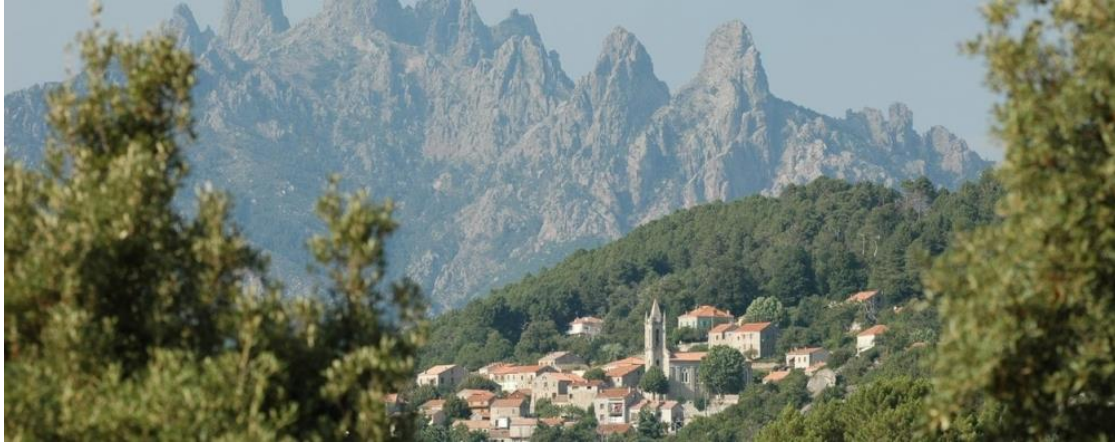
The day starts with a 50 minute ferry ride that takes you to beautiful Bonifacio, which welcomes visitors on the top of a limestone cliff. You can spend some time roaming around the narrow alleys of the old citadel.

On your way to Porto Vecchio, you cycle inland and then on a beautiful costal road, where the beaches of Santa Giulia and Palombaggia are well worth a swimming stop. Porto Vecchio old town comes alive at dusk offering great dining and shopping options..



Day 4 Porto Vecchio – Zonza (48 Km)

This is the king of the mountains day! The 15km climb to the famous Col de l'Ospédale is softened by the beautiful view of the coastline. The change in landscape from the coast is dramatic, the pine tree forest of the Natural park brings memories of the Alps, while the Ospédale reservoir offers a refreshing stop. The small mountain hamlet of Zonza will be your base for tonight.



Day 5 Zonza – Sartène (40 Km)



Ride through the small villages of the Alta Rocca region and descend to the Rizzanese valley, rich with vineyards.

After a restoring stop at the Caldane thermal bath, your day ends in Sartène, probably the most Corsican town in Corsica!

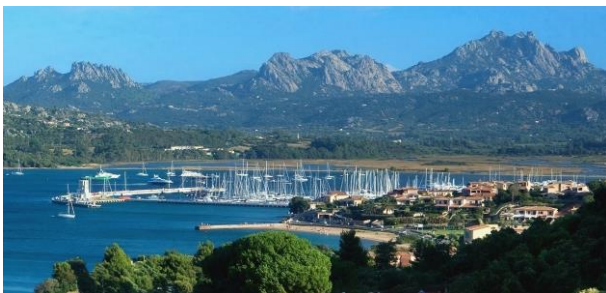
Day 6 Sartène – Santa Teresa di Gallura (54 Km)

The winding coastal road leading to Bonifacio boasts some spectacular views over its strait and Sardinia. Roccaspina is the most famous beach of the many you will find along the way.

In Bonifacio say au revoir to Corsica and take the ferry back to Santa Teresa in Sardinia.



Day 7 Santa Teresa di Gallura - Cannigione (44 Km)



Venture inland in the Gallura hills, riding through Vermentino vineyards and cork oak forests.

After the villages of Bassacutena and Arzachena you return to Cannigione, where you can celebrate the end of this beautiful trip

Day 8 Departure

After breakfast, end of services.

2024 TOUR DEPARTURE DATES

Every Saturday from 6 April - 12 October.

It is possible to start other days paying a supplement of €200 per person. Minimum 2 people.

2024 TOUR PRICE

Self-led Price per person season:	€1290
High season Supplement (6 July - 6 September)	+ €300
Bike hire	€145
E-bike rental (must give cc on rental)	€255
Non-Saturday departure supplement per person	€200
Single room supplement	€300

WHAT THE TOUR PRICE INCLUDES

- › 7 nights accommodation with breakfast in 3 star hotels, all rooms en suite
- › Welcome meeting (tour explanation and bike fitting)
- › Return Ferry tickets to Corsica
- › Luggage transportation from hotel to hotel
- › Supply of route notes and maps
- › Telephone assistance

Not included:

- Bike hire (€145) e-bike (€255)
- Admission to museums and archaeological sites
- Local Taxes (approx €15)

ACCOMMODATION LIST - *Please note that confirmation of these places is subject to availability*

Night 1 & 7	Hotel Del Porto	Cannigione	www.hoteldeporto.com
Night 2 & 6	Hotel Muita di Mari	Santa Teresa di Gallura	www.hotelmuitadimari.ie
Night 3	Hotel Holzer	Porto Vecchio	www.hotel-holzer.com
Night 4	Hotel Claire de Lune	Zonza	www.hotelzonza.com
Night 5	Hotel Des Roches	Sartene	www.sartenehotel.fr

We believe that the accommodation is a very important factor of a bike tour, therefore we take the greatest care in carefully selecting small family-run 3* hotels and country lodges.

Trekking Bike - Classic frame

- Great all terrain bike
- Comfortable riding position
- Shimano Deore group set
- Disc brakes
- Lockable front suspension
- Gel anatomic saddle
- Puncture free tyres



Trekking Bike - Step-through

- Women's specific frame with shorter top tubes and taller head tubes
- Great all terrain bike
- Comfortable riding position
- Shimano Deore group set
- Disc brakes
- Lockable front suspension
- Gel anatomic saddle
- Puncture free tyres

E-bike CUBE Tou- ring PRO 500

- Enjoy Sardinia with no sweat!
- Bosch Powerpack 500: battery range Up to 150km!
- Shimano SLX/XT/Deore mixed-group set + puncture free tyres!
- Disc brakes
- Rental must credit card protected!



Bike Accessories

In the leisure cycling self guided tours, for each couple of bikes, we provide:

- 2 rear panniers Ortlieb Back Roller Classic
- 1 front bag Abus
- 2 bike odometers
- 2 complimentary Dolcevita bottles
- Repair kit and spare tools



Please note that if you have SPD shoes you should bring the pedal with you too, as our bikes are fitted with normal pedals

We strongly recommend to **bring your own helmet**, as it is NOT provided and can't be rented.

To get the most out of your holiday we would strongly recommend that you do take a few practice rides before this tour. The tour is challenging on certain days as the terrain is hilly, the scenery is beautiful and rewards all effort, so the more you are prepared the more you will enjoy yourself.

In case of a mechanical problem:

During the tour, should the bicycles have any type of technical problem that prevents you from continuing, you can contact us at the emergency numbers. Describe the occurred issue and we'll try to solve as soon as possible the problem and, if necessary, we'll suggest nearby mechanic where it will be possible to repair the failure. We ask you to go to a mechanic only after being authorized by Dolcevita. Should some service be necessary, pay for the service, keep the receipt and you will be refunded at the end of your tour. In case of a puncture no intervention or assistance will be provided. You will be given a proper puncture repair kit, which will enable you to intervene directly and solve the problem.

If you bring your own bike

If you want to take the tour with your own bike, before you depart we suggest you to verify that all parts of the bike are functioning properly. A cycle computer is necessary to follow the road book. We also highly recommend you to bring a repair kit because the emergency number in case of breakdown cannot be used if you are using your own bike. Don't forget to bring a padlock and always lock your bike.

WHAT TO BRING

- Cycling clothing: 2 jerseys, 2 padded shorts, waterproof jacket, gloves.
- If you decide to take cycling shoes please bring your own spd pedals as our bikes are fitted with standard pedals
- Cycling helmet (not provided and can't be rented)
- Sunglasses, sunhat, high protection sun cream, after sun cream.
- Swimming costume (essential for those afternoon dips!)
- Casual evening dressing

WEATHER

Sardinia & Corsica enjoy mild Mediterranean weather that allows comfortable cycling all year round except for the hot months of July and August. Prevailing wind is mistral blowing from north-west, this is the direction of our route. .

TRAVEL INFORMATION

Sardinia is easy to reach, either by plane or ferry (to ports of Olbia, Porto Torres and Cagliari). There are domestic and international flights mainly offered by the companies:

- Alitalia, www.alitalia.it
- Air One, www.flyairone.it
- Easy Jet, www.easyjet.com
- TUI fly, www.tuifly.com
- Meridiana, www.meridiana.it
- Ryan Air, www.ryanair.com

Olbia Airport - www.geasar.it

Transfer Rates per person (based on min 2 people)

• Olbia airport - Cannigione: €60

BACK UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.