

Cycling Safaris

BOLZANO ~ VERONA ~ MESTRE / VENICE TOUR

Self Guided 2025

7 nights/8 days | 290-355 km



This tour will offer you the chance to visit the mountains around Bolzano, the beauty of lake Garda, cities full of culture and history like Verona, Vicenza and Padova and, last but not least, the fascinating Mestre/Venice area.

As a whole it is an easy to manage itinerary, riding on secondary streets with low traffic or paved bike paths. There are light hilly bits with short uphill sections. Trains with bike transportation connect all the cities of the tour, so in case of bad weather, or if you need a day of rest, you can reach your destination by train. A 4-hour ferry cruise through Lake Garda is included.

TOUR ITINERARY

Day 1 Bolzano

Arrival. Bolzano is a famous commercial and tourist centre and also a historical and cultural connection between the Italian and the German world.

Day 2 Bolzano-Trento

65/70 km, Elevation up 30 m/250 m

Today you will ride mostly along the Adige River, through orchards, vineyards passing the villages of Ora, Egna and Salorno. The dam pathways lead then to Trento. 3rd DAY Trento-Peschiera (50 km + boat).

Day 3 Trento-Peschiera/Desenzano

50 km + boat, Elevation up 250 m

The river Adige will take you to Rovereto, famous for its museum of modern and contemporary art. After a short ascent to Passo di San Giovanni, you will enjoy a superb view over the Garda Lake and the little town of Torbole. Then in Riva del Garda you will take a ferry to reach the southern part of the lake.

Day 4 Peschiera/Desenzano-Verona

35 / 60 km, Elevation up 140 m

After crossing the hilly landscape surrounding the Garda Lake, you will meet again the river Adige, which will take you into Verona, one of the most important and beautiful cities in the Veneto region. Worth

visiting are: the Roman Arena, the Church of San Zeno and Juliet's House. If you sleep in Desenzano, this stage is 60 km with an elevation gain +490m/-495m.

Day 5 Verona-Vicenza 35 or 70 km, Elevation up 440m/230m
Cycling in the countryside at the foot of Mounts Lessini, among the vineyards you will reach the castle of Soave. The flat path (+425 m/-435 m) brings you close to the beautiful castles of Romeo and Juliet in Montecchio Maggiore, while the hilly one leads you through the Berici hills. Vicenza awaits you with its beautiful private palaces and public buildings by Andrea Palladio, the famous 16th century architect known all over the world. It is possible to shorten the stage by taking the train in San Bonifacio.

Day 6 Vicenza -Padova thermal district 50 km, Elevation up 30 m
Cycling out of Vicenza, along the cycle path of the river Bacchiglione, you can admire the Palladian masterpiece, Villa La Rotonda. Then, past the hamlet of Montegalda, you will head towards the Euganean Hills, where you will have the chance to relax in the largest European thermal district.

Day 7 Padova thermal district -Mestre / Venice 55 km, Elevation up 0 m
Along the cycle path of the Battaglia Canal you will pass through Padua, home to one of the oldest Italian (and European) universities and rich in art and history. From here, along the Piovego Canal, you will reach Stra and will follow the Brenta Canal, overlooked by the countryside villas of the ancient Venetian nobility (Villa Pisani, Villa Malcontenta, Villa Widmann) until you reach Mestre, Venice mainland.

Day 8 Mestre/Venice
Departure after breakfast. Transfer back to Bolzano on request when booking the tour.

Level: medium-easy

2025 TOUR DATES

Every Saturday & Sunday from 29 March - 18 October
Every Tuesday & Wednesday from 29 April - 24 September

Season 1: 29 March - 18 April & 27 September - 18 October

Season 2: 19 April - 9 May & 6 September - 26 September

Season 3: 10 May - 5 September

2025 TOUR PRICE

Price per person Self-guided - Cat A	€1010
Single room - CAT A	€1515
3rd person in triple room - CAT A	€840
Price per person Self-guided - CAT B	€870
Double room - CAT B	€870
Single room - CAT B	€1280
3rd person in triple room - CAT B	€710

Touring bike	€120
Hybrid bike	€175
E bike	€285
Helmet (head size 58-61 cm)	€15
Supplement per person Season 2 (CAT A+B)	€190
Supplement per person Season 3 (CAT A+B)	€240

WHAT THE TOUR PRICE INCLUDES 2025

- Accommodation 7 nights' accommodation + breakfast
- Luggage transfer from hotel to hotel (1 piece of luggage per person with max. 20 kg). The service is not included in case of extra nights before or after the standard tour.
- Tour information received by email: the link to download the tour information (maps, roadbook, and GPS tracks)
- Voucher for the ferry from Riva to Peschiera/Desenzano del Garda
- Contact phone numbers you can call during the tour in case of emergency.
- Transfer Ferry from Riva to Peschiera/Desenzano del Garda
- 1 ice cream per person in the best ice cream parlour in Vicenza

WHAT'S NOT INCLUDED

- Round trip Travel to and from start and finish points not included

EXTRA NIGHTS

In double/single room with breakfast

€125/€220 in Bolzano - Cat A

€100 / €170 in Bolzano - Cat B

To pay on the spot Meals not mentioned in the section "What's included" Tourist taxes (15-20 € per person) They must be paid directly by you at check-in or check-out at the hotels. This fee varies depending on the hotel category, the season, and the number of days of stay. Access Fee for the ancient city of Venice (to be defined)

Tips

Helmets are not included in the price but are available at time of booking for €15.

Helmets need to be booked in advance!

TOUR ACCOMMODATION

Accommodation According to your category of choice you will be accommodated in: Cat. A/Gold: mainly 4* hotels, with some 3* hotels

Cat. B/Silver: mainly 3* hotels All rooms have en suite facilities and air conditioning.

WHAT TO BRING

- Waterproof windbreaker or poncho (recommended in springtime)
- Sunglasses and Hat
- High protection sun cream and after sun cream
- Insect repellent
- Swimming costume
- Casual clothes for evening. You may be grateful for something warm with long sleeves.

BIKE / FITNESS

Bike hire is not included in the tour package.



27-gear unisex City bike / Touring bike

28" wheel

27 speeds

Anti-puncture tires

Speed lifter twist T10: quick release to easily adjust the handlebar height

Comfort gel saddle

The only one suitable with children's accessories

Specifically assembled by our mechanics, our touring bikes feature components and accessories that make it reliable and easy to ride, a perfect companion for your bike tour. Furthermore, thanks to the step-through frame, getting on and off your bike is easier.



Standard components

bike bell, side kickstand, cycle computer

front/rear lights, front/rear mudguards

bottle holder, rear rack

Hybrid bike

An aluminium male/female frame bike, suitable for gravel, road and touring.

The ladies/unisex bike frame is only available for a heights up to 160cm.

After that we only offer the hybrid bike with crossbar/male frame.



Grip: ergonomic

Handlebar: flat

Saddle: sport comfortable gel

Pedal: flat

28" Wheel

Tire: 700x32 Vittoria Adventure Tech antipuncture tire

Gears: Shimano Deore 27 -speed

Brake: mechanical Disk



E-Bike

Bosch motor Active Line Plus

Unisex low-entry frame.

Bosch motor Active Line Plus, located centrally (250-Watt, engine torque 50 Nm).

Bosch battery Powerpack Frame, top safety and long life (36 V - 13,4 Ah capacity - 500 Wh available power).

Range: approx. 90 km (flat terrain, average speed).

Grip: ergonomic.

Saddle: Touring Gel.

Pedals: flat.

Gears: Shimano Deore 9-speed.

Brake: mechanical V-brakes.

28" wheel.

Tyre: Schwalbe Marathon Plus, the most puncture resistant tyre.



Also Provided: Handlebar bag (female bikes), Map rack (on male bikes), Back panniers
Padlock.

TRAVEL INFORMATION

€150 Transfer Mestre- Bolzano (min 2 persons)
€40 supplement own bike
Available on Saturday and Sunday
Also possible on Tuesday only from 6.05 to 30.09.2025

There are good train connections from Mestre/Venice to Bolzano.
The airport in Bolzano is very small and there are not many international flights landing here.
Therefore, listed are the nearest airports to Bolzano incl. train connections:

- Verona Villafranca Catullo (VRN)

www.aeroporto.verona.it

Every day the Aerobus shuttle service to the station of Verona Porta Nuova leaves every 20 minutes from 6:30 to 23:35 (transfer: about 30 min; ticket: 5 euro). From Verona Porta Nuova you take a train to Bolzano (transfer: 120 min; ticket: from 8 to 20 euro depending on the type of train).

- Innsbruck airport (INN)

www.innsbruck-airport.com Bus line F links the airport to Innsbruck HBF railway station and departs every 15 minutes (transfer: about 20 min). From Innsbruck you take a train to Bolzano (transfer: about 130 min).

- Bergamo Orio al Serio (BGY)

www.sacbo.it The shuttle service Autostradale connects with 6 transfers a day (08:30 - 11:15 - 12:30 - 16:20 - 18:00 - 22:30) the airport to the station of Brescia (transfer: 60 min; ticket: 10 euro; www.autostradale.it). From Brescia you take a train to Bolzano (transfer: 160 min and change in Verona; ticket: from 10 to 20 euro). Connections between Mestre/Venice and Bolzano

- Venezia Marco Polo (VCE)

www.veniceairport.it

Every day the Fly Bus shuttle service leaves for Venezia Mestre station every 25-30 minutes from 06:06 to 23:40. (transfer: 20 min; ticket: www.atvo.it). From Venezia Mestre you take a train to Bolzano (transfer: 180 min and change in Verona Porta Nuova; ticket: from 15 euro depending on the type of train).

- Treviso Canova (TSF)

www.trevisoairport.it The service ATVO offers every day a fine connection between the airport and the station of Venezia-Mestre based on the arrivals and departures of the low-cost flights (transfer: 55 min; ticket: www.atvo.it). From Venezia Mestre you take a train to Bolzano (transfer: 180 min and change in Verona Porta Nuova; ticket: from 15 euro depending on the type of train).

- Milano Malpensa (MXP)

www.sea-aeroporto.milano.it

The service Malpensa Shuttle leaves every day and every 20 minutes from the airport to the station of Milano Centrale (transfer: 60 min.; ticket: www.malpensashuttle.it). From Milano you take a train to Bolzano (transfer: 180 min; ticket: approx 30 euro depending on the type of train).

- Milano Linate (LIN)

www.sea-aeroporto.milano.it

Every day the service Starfly Shuttle leaves every 30 minutes to the station of Milano Centrale (transfer: 30 min.; ticket from 5 euro). From Milano you follow the same indications as in the section above 'Milano Malpensa'.