Cycling Safaris

MALLORCA Mediterranean Road Bike Tour

Self Guided Tour 2023 495 – 655km | 8 days / 7-nights



Mallorca is one of the prime road biking destinations in the world. Many professionals choose to train here.

It has so much to offer. Flat riding, great mountain ascents, coast and countryside. The Mediterranean Sea is always close by and all our hotels on this circuit of the island are seaside hotels.

TOUR ITINERARY

Day 1 Arrive in Palma de Mallorca

Arrival in the capital of the island and transfer to the beachfront hotel. Ca'n Pastilla has an excellent long beach and a fantastic cycle path along the promenade leading to the beautiful city of Palma de Mallorca. Spend the rest of the day enjoying the beach or visiting the city

Day 2 Palma de Mallorca to Colonia de Sant Jordi

From Ca'n Pastilla, we head south-east along the cycle path of the beautiful Bahía de Palma. Then the route turns inland and we ride through the Mallorcan countryside with narrow lanes, windmills and almond trees. An ascent takes us to the Santuari de Cura with tremendous panoramic views. Towns of Lluccmayor and Poerreres, followed by another ascent to the Santuari de Monti-Sion. Then it's back to the coast and the beach resort of Colonia de Sant Jordi at the end of the magnificent Es Trenc beach.



Day 3 Colonia de Sant Jordi to Porto Cristo

106 or 65 km

First we pass Ses Salines, where the Romans extracted salt. A short side tour takes us to the lighthouse set on beautiful and rocky coastline. Then to the picturesque village of Santanyí, close to the Parc Natural de Mondragó with its rich birdlife and pretty beach of Cala Mondragó. The coastline is one of the most beautiful to be found on any Mediterranean island. Porto Cristo is a charming little resort with the famous Cuevas del Drac nearby. The caves are well worth a visit to enjoy a concert and a unique boat trip on the underground lake.





82 km or 115 km

Another delightful ride to the charming resort of Cala Ratjada. An inland loop leads to Manacor, home to the Rafael Nadal Academy and Museum Xperience.

Back along the coast we have the Cuevas de Artà, with the entrance to the cave overlooking the sea and huge chambers with spectacular stalactites and stalagmites. There is a beautiful beach at nearby Canyamel and then the impressive castle of Capdepera.

In Cala Ratjada we can spend time at the beach of Cala Agulla or Cala Mesquida or take the road to Cala Gat and the lighthouse of Capdepera with views over to Menorca.

Day 5 Cala Ratjada to Port de Pollença Artà is a charming village of narrow medieval streets, cafés and a fine 15th century fortress. A beautiful extension takes us to the Ermita de Betlem monastery, with the most spectacular views across the sea towards Alcúdia and Formentor.

Then the huge extense of the Bahía de Alcúdia with the birdlife of the Parc Natural de S'Albufera and the fantastic beach of Playa del Muro, next is the village of Alcúdia with its medieval walls and Roman ruins of Pollentia, the spectacular bay of Pollença and our hotel in Port de Pollença.



Day 6

Port de Pollença to Port de Pollença

40 km



Today's ride is somewhat shorter than usual and takes us out to the Cape of Formento lighthouse. This is one of the most famous routes on the island and is truly spectacular riding with the impressive cliffs plunging into the deep blue sea. A shorter version takes us out to the beach of Platja de Formentor.

Alternatively, take a short ride to the beautiful village of Pollença, or just enjoy a free day on the seafront at Pollença and our hotel in Port de Pollença.

Day 7 Port de Pollença to Port de Sóller

88 km or 64 km

The mountains of Sierra de Tramuntana have some of the most spectacular scenery on the island. The first ascent leads to Lluc and its famous monastery. Then pass the famous descent of Sa Calobra. It's one way, so if we descend then we have the pleasure of doing one of the most famous climbs in the world back up to the top. It is possible to take a boat from the bottom to Port de Sóller (sea conditions permitting - recommended to book beforehand). The land route leads through the beautiful villages of Fornalutx and Biniaraix before reaching Sóller and Port de Sóller.



Day 8 Port de Sóller to Palma de Mallorca

63 km or 92 km

Our final ride takes us through more spectacular scenery of the Sierra de Tramuntana. Deià is one of the prettiest villages of the sierra and once home to the writer Robert Graves. Valldemossa was home to Chopin and the novelist George Sands. The stunning coastline and olive trees, oranges and lemons and almond trees finally lead us to our final destination, Palma de Mallorca to reflect on a marvellous tour and to start making plans for our next visit to this beautiful island.



Day 9 Departure from Palma de Mallorca Depart from Palma de Mallorca, or maybe take an extra day or two just to relax and enjoy this lovely city

2023 TOUR PRICES

Season	Prices	Arrival Days (Saturdays only) Groups of 4+ can set their own departure day
Season 1	€1020 per person sharing €1225 single room	4, 11, 18, 25 March 1, 8, 15, 22, 29 April 6, 13 May 7, 14, 21 October
Season 2	€1070 per person sharing €1350 single room	20, 27 May 2, 9, 16 June
Season 3	€1165 per person sharing €1390 single room	24 June 1 July
Season 4	€1230 per person sharing €1455 single room	8, 15, 22, 29 July 5, 13, 20 August
Season 5	€1155 per person sharing €1380 single room	26 August 2, 9, 16, 23 September

Bike rental is not included in the prices above (helmets included)

- € 160.00 Trekking / Touring Bike
- € 210.00 E-bike
- € 195.00 Road Bike
- € 60.00 Bringing own bike transfer supplement for bike case

2023 TOUR DATES

Tour runs from March 4 to October 31

Arrival day is every Saturday and departure day every Sunday.

Groups of four or more may set their own departure day.

WHAT IS INCLUDED IN THE TOUR PRICE

Included

- ▶ 8 nights Accommodation (3* 4* star hotels) with breakfast
- All Luggage transfers
- Information Pack (Route Guide, maps, GPS files)

Not included

- Bike rental
- Taxi transfers to and from hotels on arrival and departure days.
- GPS device

BIKE RENTAL



Carbon road bike : Berria Belador 8 A quality carbon bike with comfortable 30/34 gearing.Shimano Ultegra. 50/34 chainring - 11/30 cassette

Carbon road e-bike : Berria Belador Hybrid 8 A quality carbon e-bike with 400 watts of power. ShimanoUltegra. 52/36 chainring - 11/30 cassette



Trekking bike – male : Touring Kross Good all-purpose alloy bike. Fitted with mudguards, rearrack etc. 48/36/26 chainring – 11/34 cassette



Trekking bike – female : Touring Kross Good all-purpose bike. Fitted with mudguards, rear rack etc. 48/36/26 chainring – 11/34 cassette

E-bikes

Various models AVAILABLE

Over the last few years, the e-bike has revolutionised cycle touring. Tours are made so much easier and differences between riders' abilities are minimized.

Equipment supplied with trekking bikes and E-bikes:

These bikes are supplied with: helmet (obligatory in Spain), rear luggage rack and pannier (40 litres), mudguards, odometer, pump, basic toolkit, 0.75 litre, water bottle, lock.

Equipment supplied with road bikes

All bikes are supplied with: helmet (obligatory in Spain), rear seat post bag, odometer, pump, basic toolkit, 0.75 litre water bottle.

BACK-UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

ACCOMMODATION

Sample hotels:

Ca'n Pastilla	<u>Hotel THB El Cid</u>
Colonia de Sant Jordi	Hotel THB Sur Mallorca
Porto Cristo	<u>Hotel THB Felip</u>
Cala Ratjada	<u>Hotel THB Guya Playa</u>
Port de Pollenca	Sis Pins Hotel
Port de Soller	<u>Hotel Los Geranios</u>
Palma de Mallorca	<u>Hotel THB Mirador</u>

Extra nights

Extra nights can be added anywhere along the route so you can enjoy longer stays at each destination. For example, you might decide that you would like to spend more nights in Cala Ratjada. Charges for extra nights will depend on where and how many. Please <u>email</u> for availability.

WHAT TO BRING

Mallorca enjoys mild temperatures throughout the year. July and August can be hot and humid. The ideal season for cycling is spring and autumn.

Specialized cycle clothing may be handy but not strictly necessary. What you do need (among other things) is the following:

- shorts/ long trousers/ track suit/ legging
- shirts/ sweater/ rain clothing
- gloves (only when you book a tour in April. It can be chilly in the morning that time of year!)
- good shoes
- sunglasses/ cap/ swimming costume
- extra towel
- soap/ insect repellent
- swimwear

OTHER INFORMATION

Terrain / Gradients

Relatively flat stages as far as Cala Ratjada with attractive climbs to hilltop monsteries and castles. Slightly more demanding cycling to Port de Pollença. The final 3 stages are through the mountains of Cap de Formentor and the Sierra de Tramuntana – good steady climbs with a reasonably kindly incline.

Arrival points

Arrival point for this tour is Palma de Mallorca. The city is very well linked to both national and international destinations. The airport is of course <u>Palma de Mallorca Airport</u>.

It is also possible to arrive by ferry. There are regular services from Denia, Valencia and Barcelona.

Special departures

Special departures may be organised for groups of 4 or more riders. Please email for availability.

Compatible with other tours

This particular tour is designed to be compatible with the Mallorca – Coastal Mediterranean Bike Tour. Both tours begin on the same day and use the same itinerary for the 8-night duration of the tours. The only difference is that the rides on this particular tour between each stopover are longer. Thus, riders can choose to take shorter routes or longer routes. It also means the tour can accommodate riders of differing abilities.