

# Cycling Safaris

## Lanzarote - The Land of Volcanoes Guided Tour 2020

Guide in support van | 241 - 320 km | 8 days / 7 nights



Enjoy a ride through some of the most dramatic landscapes to be found in Europe. These islands are of volcanic origin. Lanzarote suffered a series of eruptions in the 18<sup>th</sup> century and as a result has some fascinating landscapes with volcanoes everywhere we look and immense lava flows - some of the most unique riding you are likely to encounter anywhere. The unique architectural works of César Manrique form a valuable complement to the volcanic environment, and his enduring influence and ecological concern has meant that the island has escaped the excesses of modern-day mass tourism. Last but not least, the benign climate, neither hot in summer nor cold in winter, means that cycling is possible all year round. Our combination of rides and free days mean you can choose whether you ride or take the occasional day off. Definitely a trip not to be missed!

### TOUR ITINERARY

#### **Day 1** **Arrive in Lanzarote. (Arrecife Airport).**

Today we arrive in Lanzarote. The day is free to enjoy the beach resort of Costa Teguiise.

#### **Day 2** **Costa Teguiise - Haría** **34 to 52km**

Today we ride from Costa Teguiise to the inland town of Haría.. En route we have the opportunity to visit Manrique's famous works such as El Jardín de Cactus, Los Jameos del Agua, El Mirador del Río which form an integral part of the volcanic landscape. We also have the opportunity to visit the volcanic cave of La Cueva de los Verdes. We take in fishing villages without losing sight of the impressive Monte Corona. Finally we arrive in the picturesque village of Haría surrounded by its uncountable palm trees. Routes of 34, 45, 52 km.

#### **Day 3** **Haría - San Bartolomé** **27 or 43 km**

From Haría, we take the road down towards Teguiise, the one-time capital of the island. Our route gives us spectacular views down over the coast. Teguiise itself is a delightful small town with typical architecture and many pleasant bars for refreshment. From here we continue towards San Bartolomé and the fascinating wine-producing area of La Geria to our country hotel where we spend the next two nights.

**Day 4**                                      **San Bartolomé – San Bartolomé**                                      **50 km**

Today is a free day spent in our rural hotel. We can choose to relax, or enjoy a round ride, or even both. Our round ride takes us towards the beautiful beach of Famara with the spectacular backdrop of volcanic cliffs. After following the coast, we head across extensive lava fields and a lunar landscape back to San Bartolomé. 50 km circuit, but shorter route to Fundación César Manrique or Teguiise available.

**Day 5**                                      **San Bartolomé - Playa Blanca**                                      **47 or 58 km**

From San Bartolomé we head towards the island's main attraction, the Parque Nacional de Timanfaya. This is where Lanzarote's volcanic nature is at its most spectacular. The eruptions of 1730 - 1736 buried around a quarter of the whole island, including several villages, and gave rise to the impressive lava and volcano landscape that we see today. From here we head down to the south of the island, stopping en route to visit the seaside volcanic crater of El Golfo before we finally reach the seaside village of Playa Blanca.

**Day 6**                                      **Playa Blanca – Playa Blanca**                                      **36 or 70 km**

Playa Blanca sits at the very south of the island and looks across to Fuerteventura. Today we can take a boat across to Corralejo and enjoy a visit or a ride on another island. Alternatively, we can enjoy a day in Playa Blanca and take the opportunity to visit the nearby coves and beaches of Papagayo, the best on the island and unspoilt by tourism. Another option is to visit El Golgo for a seafood lunch by the beach. Route to El Golfo 36 km. Fuerteventura circuit 70 km.

**Day 7**                                      **Playa Blanca – Arrecife**                                      **47km**

From Playa Blanca, we head across the dramatic hills of Femés before heading to the wine country of La Geria. Here, the unusual vineyard cultivation techniques have given rise to a fascinating landscape not to be seen anywhere else in the world, and producing some fine wines. We then descend to the coast and follow a nice promenade from Puerto del Carmen to Arrecife.

**Day 8**                                      **End of services. Taxi to airport (4 km)**

After breakfast, our transfer will bring you to the airport.

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## **2020 TOUR PRICES AND DATES**

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€1,230 per person sharing  
€1,385 per single occupancy

**Tour dates**

To be confirmed

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## **WHAT IS INCLUDED IN THE TOUR PRICE**

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**Included**

- Accommodation with en-suite bathroom
- Luggage transport
- Bike Hire
- Arrival transfer from Arrecife Airport to Costa Teguiise
- Departure transfer from Arrecife to Arrecife Airport
- Buffet breakfast
- Information Pack (Route Guide and maps)
- Guide and support van

### Not included

- Holiday extension
- Evening meals
- Boat to Fuerteventura (optional day 6 excursion)
- Entrance fee to Timanfaya Park

## BIKES

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Ladies bike (Trek 7.2)



Men's bike (Trek 7.2)

[http://www.trekbikes.com/us/en/bikes/road/fitness/fx/7\\_2\\_fx/#](http://www.trekbikes.com/us/en/bikes/road/fitness/fx/7_2_fx/#)

You are provided with hybrid-type tourist bicycles from Trek with conventional handlebars and with triple chain ring and easy-to-change gear ratios for comfortable and easy cycling. Road bikes may also be available on request. We can also provide tandems, children's bikes, tow bikes and child seats for those with children.

Hybrid bikes will carry a handlebar bag, useful for carrying money, documents, camera and lots of other useful items which may be needed close at hand. This bag is easily removed from its click fastening and carried around with the shoulder strap. They are also equipped with a rear luggage rack and one or two panniers, or a rear rack bag to carry just what you need for each day's cycling. Road bikes carry a seat post bag if required.

In addition, all cycles are equipped with pump, spare inner tube, water bottle, bike lock and basic toolkit. Extras such as lights or toe clips are available on request.

## GROUPE, GUIDE AND BACK-UP SERVICE

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A back-up vehicle with tour guide supports cycling stages. Cyclists do not travel as part of a group or with a guide. Cyclists choose whether they cycle alone or with other cyclists.

Non-cyclists may also participate using our transfer service. Cyclists are provided with our own detailed Route Guide and maps for their chosen route. Fitter cyclists may extend stages at will.

## WHAT TO BRING

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Specialized cycle clothing may be handy but not strictly necessary. What you do need (among other things) is the following:

- shorts/ long trousers/ track suit/ legging
- shirts/ sweater/ rain clothing
- gloves (only when you book a tour in April. It can be chilly in the morning that time of year!)
- good shoes
- sunglasses/ cap/ swimming costume
- extra towel
- soap/ insect repellent
- swimwear

## OTHER INFORMATION

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### **Terrain / Gradients**

The island is not flat. Terrain is undulating and at times flat. One short but steep climb on Day 7. Distances are not excessive, and 2 free days are included where the rider decides whether to cycle or not.

### **Arrival points**

Lanzarote (Arrecife) Airport There are many airlines flying from European destinations to the Canaries. Information available on request. Arrival and departure transfer from/to Arrecife Airport included.

### **Holiday extensions**

Possibility of spending extra nights in Lanzarote. Details on request.

### **Special departures**

Special departures may be organised for groups of 8 or more riders. Please consult availability.