

Cycling Safaris

Lanzarote – The land of Volcanoes

Self Guided Tour 2018

263 – 320km | 8 days / 7-nights



Enjoy a ride through some of the most dramatic landscapes to be found in Europe. These islands are of volcanic origin. Lanzarote suffered a series of eruptions in the 18th century and as a result has some fascinating landscapes with volcanoes everywhere we look and immense lava flows – some of the most unique riding you are likely to encounter anywhere.

The unique architectural works of César Manrique form a valuable complement to the volcanic environment, and his enduring influence and ecological concern has meant that the island has escaped the excesses of modern-day mass tourism.

Last but not least, the benign climate, neither hot in summer nor cold in winter, means that cycling is possible all year round. Our combination of rides and free days mean you can choose whether you ride or take the occasional day off. Definitely a trip not to be missed!

TOUR ITINERARY

Day 1 **Arrive in Lanzarote. (Arrecife Airport).**

Arrival in Lanzarote. The day is free to enjoy the beach resort of Costa Teguisse.

Day 2 **Costa Teguisse – Haría**

34 to 52km

Today you ride from Costa Teguisse to the inland town of Haría. En route you have the opportunity to visit Manrique's famous works such as El Jardín de Cactus, Los Jameos del Agua, El Mirador del Río which form an integral part of the volcanic landscape. You also have the opportunity to visit the volcanic cave of La Cueva de los Verdes. You take in fishing villages without losing sight of the impressive Monte Corona. Finally we arrive in the picturesque village of Haría surrounded by its uncountable palm trees. Routes of 34, 45, 52 km.

- Day 3** **Haría - San Bartolomé** **27 or 43 km**
 From Haría, you take the road down towards Teguisse, the one-time capital of the island. Your route gives spectacular views down over the coast. Teguisse itself is a delightful small town with typical architecture and many pleasant bars for refreshment. From here you continue towards San Bartolomé and the fascinating wine-producing area of La Geria to your country hotel where you spend the next two nights.
- Day 4** **San Bartolomé - San Bartolomé** **50 km**
 Today is a free day spent in your rural hotel. You can choose to relax, or enjoy a round ride, or even both. Your round ride takes us towards the beautiful beach of Famara with the spectacular backdrop of volcanic cliffs. After following the coast, you head across extensive lava fields and a lunar landscape back to San Bartolomé. 50 km circuit, but shorter route to Fundación César Manrique or Teguisse available.
- Day 5** **San Bartolomé - Playa Blanca** **47 or 58 km**
 From San Bartolomé you head towards the island's main attraction, the Parque Nacional de Timanfaya. This is where Lanzarote's volcanic nature is at its most spectacular. The eruptions of 1730 - 1736 buried around a quarter of the whole island, including several villages, and gave rise to the impressive lava and volcano landscape that we see today. From here you head down to the south of the island, stopping en route to visit the seaside volcanic crater of El Golfo before you finally reach the seaside village of Playa Blanca.
- Day 6** **Playa Blanca - Playa Blanca** **36 or 70 km**
 Playa Blanca sits at the very south of the island and looks across to Fuerteventura. Today you can take a boat across to Corralejo and enjoy a visit or a ride on another island. Alternatively, you can enjoy a day in Playa Blanca and take the opportunity to visit the nearby coves and beaches of Papagayo, the best on the island and unspoilt by tourism. Another option is to visit El Golgo for a seafood lunch by the beach. Route to El Golfo 36 km. Fuerteventura circuit 70 km.
- Day 7** **Playa Blanca - Arrecife** **47km**
 From Playa Blanca, you head across the dramatic hills of Femés before heading to the wine country of La Geria. Here, the unusual vineyard cultivation techniques have given rise to a fascinating landscape not to be seen anywhere else in the world, and producing some fine wines. You then descend to the coast and follow a nice promenade from Puerto del Carmen to Arrecife.
- Day 8** **End of services. Taxi to airport (4 km)**
 A short taxi ride to the airport - 4 km (approx 10 €) brings you to your flight home.

2018 TOUR PRICES

Low Season Tour Price	High Season Tour Price (June 30 - September 9) (Christmas & New Year, Easter)
€995 per person sharing €1,200 per single occupancy	€1,075 per person sharing €1,270 per single occupancy

If you wish to bring your own bike there is a reduction of €100.

2018 TOUR DATES

Tour can begin on any Saturday (arrival day)

High season is from June 30 – September 9, Christmas and New Year .

WHAT IS INCLUDED IN THE TOUR PRICE

Included

- › Accommodation with en-suite bathroom
- › Luggage transport
- › Bike hire
- › Buffet breakfast
- › Information Pack (Route Guide and maps)
- › Helmets

Not included

- › Holiday extension
- › Taxi transfers to and from hotels on arrival and departure days.
- › Evening meals
- › Boat to Fuerteventura (optional day 6 excursion)
- › Entrance fee to Timanfaya Park
- › E-Bike is an extra €65
- › Road bike is an extra €45

BIKES



Ladies bike (Trek 7.2)



Men's bike (Trek 7.2)

www.trekbikes.com/us/en/bikes/road/fitness/fx/7_2_fx/#

You are provided with hybrid-type tourist bicycles from Trek with conventional handlebars and with triple chain ring and easy-to-change gear ratios for comfortable and easy cycling. Road bikes may also be available on request. We can also provide tandems, children's bikes, tow bikes and child seats for those with children.

Hybrid bikes will carry a handlebar bag, useful for carrying money, documents, camera and lots of other useful items which may be needed close at hand. This bag is easily removed from its click fastening and carried around with the shoulder strap. They are also equipped with a rear luggage rack and one or two panniers, or a rear rack bag to carry just what you need for each day's cycling. Road bikes carry a seat post bag if required.

In addition, all cycles are equipped with pump, spare inner tube, water bottle, bike lock and basic toolkit. Extras such as lights or toe clips are available on request.

If you wish to bring your own bike there is a reduction of €100.

You can book an e-bike for an additional €65. Road bike is an extra €45.

Tandems available on request.

BACK-UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

WHAT TO BRING

Specialized cycle clothing may be handy but not strictly necessary. What you do need (among other things) is the following:

- shorts/ long trousers/ track suit/ legging
- shirts/ sweater/ rain clothing
- gloves (only when you book a tour in April. It can be chilly in the morning that time of year!)
- good shoes
- sunglasses/ cap/ swimming costume
- extra towel
- soap/ insect repellent
- swimwear

OTHER INFORMATION

Terrain / Gradients

The island is not flat. Terrain is undulating and at times flat. One short but steep climb on Day 7. Distances are not excessive, and 2 free days are included where the rider decides whether to cycle or not.

Arrival points

Lanzarote (Arrecife) Airport There are many airlines flying from European destinations to the Canaries. Information available on request.

Holiday extensions

Possibility of spending extra nights in Lanzarote. Details on request.

Special departures

Special departures may be organised for groups of 8 or more riders. Please consult availability.