

Cycling Safaris

Munich Lakes 2018 Self-Guided Tour

8 days/7 nights, cycling distance approx 260 - 335 km



The joy of life, clean air and the blue-white freedom, time to take care of yourself and to cure body and soul. You cycle around the most famous Bavarian lakes with the best water quality! View the majestic mountain massifs and stroll through blooming, richly ornamented old towns. Colour and Baroque is the image of the towns along the way. Enjoy unspoilt nature and Bavarian tradition. Bavaria offers vitality! Bavaria bewitches!

Overall, this is a rather easy tour. A few short climbs can be conquered easily by pushing the bike. You will cycle on beautiful bike paths and quiet roads. Main roads will only be used for shorten distances. The route is mostly paved; some longer passages are on forest tracks, which are in good condition.

TOUR ITINERARY

Day 1: Individual arrival in Munich

Welcome briefing and bike distribution. Bavaria's capital city is waiting with many sights (English Garden, Town Hall, Hofbräuhaus...).

Day 2: Munich – Murnau / Lake Staffelsee approx 65 km

From Munich, the tour starts with a bike ride through Forstenrieder Park to Lake Starnberg. Then you will cycle on the lakeside road to Seeshaupt. You will continue on wonderful ways through rustic Bavarian towns, past the Osterseen lakes and Lake Riegsee to Murnau am Staffelsee.

Day 3: Murnau – Garmisch Partenkirchen approx 40 km

First, you will cycle through the nature reserve called Murnauer Moos (largest swamp area of Central Europe). Later, you will continue your tour through unspoiled nature following the River Loisach to Garmisch Partenkirchen. The stage is intentionally brief. Therefore, there is still enough time for an individual trip with the Zugspitzbahn, a mountain railway. At an altitude of 2962 meters, you will have a wonderful view of the Alps.

Day 4: Garmisch Partenkirchen – Wallgau approx. 45 km

You will take the train to Scharnitz to bridge an altitude of 300 meters. From there, you will cycle uphill through wildly romantic gorges and lush meadows to the spring of the River Isar. Afterwards, you will cycle back through a sunny valley where you will have a marvellous panoramic view of the mountains of Karwendel and Wettersteingebirge, passing Mittenwald and finally arriving in Wallgau – a place where the Bavarian tradition is still a part of everyday life.

Day 5: Wallgau – Bad Tölz approx. 50 km

Passing the Isarwinkel, you will follow the crystal-clear, turquoise waters of the impressive Lake Sylvenstein. Cycling through charming landscapes, you will pass Lenggries and finally arrive in Bad Tölz. The location at the crossroads of two trade routes - the River Isar and the old salt route from Reichenhall to Allgäu - quickly became a thriving trading centre. The ornate mansions testify the golden age.

Day 6: Bad Tölz – Lake Tegernsee – Bad Tölz approx. 45 km

You will cycle through the scenic Tegernsee countryside to Gmund at Lake Tegernsee where you will have a beautiful panoramic view of the lake. Following the valley Gaißbach, you will come back to Bad Tölz. The thermal waters of the famous spa “Alpamare” will help you to refresh your tired muscles. The Tölzer Market Street invites you to learn more about the famous television series “Der Bulle von Tölz”.

Day 7: Bad Tölz – Munich approx. 60 km

The Isar bike path leads you from Bad Tölz over Geretsried and Wolfratshausen directly to Grünwald. After a few short climbs you will arrive back in Bavaria's state capital Munich, where you can explore its countless sights and attractions.

Day 8: Departure

Individual departure or additional overnights

2018 TOUR DATES

Daily from 21 April – 9 Sept (from/to Munich)

2018 TOUR PRICE

Season 1: 21 April – 18 May	€790 per person sharing
Season 2: 19 May – 22 June & 1-9 Sept	€850 per person sharing
Season 3: 23 June – 31 Aug	€890 per person sharing
Single supplement	+€215

WHAT THE TOUR PRICE INCLUDES

- Personal welcome briefing
- 21 or 7 gear unisex bikes (gents bikes on request only – limited availability) incl. insurance
- 7 nights accommodation with breakfast buffet
- Luggage transfers
- Train journey Garmisch Partenkirchen – Scharnitz (bike ticket not included, approx €5 per bike)
- One set of detailed travel documents (maps, route description, places of interest, telephone numbers) per booked room
- 7-days-Service-Hotline
- GPS tracks available
- E-Signposting

- *Optional extras*

If you wish to avail of dinners (3 course) as part of your package, the half board surcharge is €205pps
E-bikes are available for a supplement of €105

ACCOMMODATION

Accommodation on this tour is in 3*** hotels, in Munich you are in a 4**** hotel.

We can arrange extra night accommodation before or after the tour in Munich in our hotels (pending availability).
The cost for this is:

Per person in double room/B&B €90.00 single room €165.00

WHAT TO BRING

We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. **Please bring your own helmet as these are not provided.** And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat and sunglasses will protect you from getting too much sun and, in the evening, mosquito repellent should ensure a good night's sleep. Finally, please make an effort to pack lightly. This will make your travels easier and will be much appreciated with the luggage transfers.

BIKE AND FITNESS



- 21 or 7 gear unisex bikes
- (gents bike on request only /limited availability)
- Saddle bag (water-resistant)
- Handlebar bag (water-resistant)
- Tools
- Repair kit & pump
- Combination lock

The advantage of a cycling safari is that because you have a map and route details, you can enjoy each day's cycle at your own pace. To get the most out of your holiday we would recommend that you do take a few practice rides before this tour. To get the most out of your holiday we would recommend that you do take a few practice rides before this tour. There are a few short ascents that can also be conquered by pushing the bike. You cycle mostly on wonderful cycle paths and small side roads – you are on main roads only for short distances. The roads are mostly asphalted and there are some longer passages on good nature paths.

E-bikes are available for an additional supplement of €105

BACK UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveler, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

TRAVEL

Direct flights are available with Aer Lingus from Dublin and Cork to Munich. For other destinations we recommend you check www.skyscanner.net for details.

Buses are available from the airport and then most hotels are conveniently located near underground train stations for easy access. Further details will be available nearer to the time of departure.