

Cycling Safaris

The Lake Constance Tour 2018

Self guided Tour
230-250 km | 6 nights / 7 days



This classic tour takes you round the entire lake showing off all of its highlights along the way as well as the historic towns of Konstanz, Stein am Rhein, Meersburg and Lindau and the festival town of Bregenz. Take the time along the route to discover the beauty of Lake Constance and explore the area.

The first section is slightly hilly and otherwise level, on dedicated paved cycle paths close to the lake. The path sometimes follows brief sections that are unpaved; around Friedrichshafen the cycle path is alongside the main road. The banks of the lake are widely accessible to the public. Suitable for families.

TOUR ITINERARY

Day 1 Individual arrival in Constance / Kreuzlingen

Take the chance to visit Mainau island or take a walk through the old town of Constance. The aquariums in the Sea Life Center and the Archaeological Museum are also recommended.

Day 2 Constance /Kreuzlingen - Radolfzell - Stein am Rhein/Gallingen approx. 45-55 km

From Constance you will cycle along the Gnadensee and into the old imperial town of Radolfzell. You will continue on along good pathways over the Höri peninsula to Stein am Rhein, which is full of beautiful houses adorned with frescoes.

Day 3 Stein am Rhein / Gallingen - Constance - Überlingen approx. 45-55 km + boat trip

The start of today's tour will lead you through the almost completely preserved medieval town Stein am Rhein. You will cycle along the Swiss shores of the lake back to Constance. In Wallhausen you will board a boat and disembark in Überlingen with its late gothic style cathedral and beautiful health resort park and lake walkway.

Day 4 Überlingen - Kressbronn / Wasserburg / Lindau approx. 50 km / 60 km
From Überlingen you will cycle to Friedrichshafen. You will pass by the baroque pilgrimage church of Birnau and the ancient town of Meersburg on the way. In Friedrichshafen the Zeppelin museum is worth visiting.

Day 5 Kressbronn / Wasserburg / Lindau - Höchst / Rorschach / Arbon approx. 35-60 km
The first highlight is the Bavarian city Lindau - visit the city centre on the island. Soon after you reach the Austrian border and Bregenz, where you should visit the floating stage. Your destination for the day is Höchst in Austria or Rorschach or Arbon in Switzerland

Day 6 Höchst / Rorschach / Arbon - Constance / Kreuzlingen approx. 35-55 km
The last day of your tour takes you through Romanshorn which is home to Switzerland's largest harbour on Lake Constance. Now you continue on along the banks of Lake Constance back to Constance.

Day 7 Individual journey home or extension of your stay
Your cycling tour comes to an end after breakfast. After breakfast you may return home or extend your stay.

Note: Start of this tour is possible in any of the above mentioned overnight places at no extra cost.

2018 TOUR PRICES & DATES

Season A: From 24 March - 20 April & 8 - 24 October
€655.00 per person sharing
€865.00 for single occupancy

Season B: From 21 April - 4 May & 3 - 29 June & 25 August - 7 October
€775.00 per person sharing
€985.00 for single occupancy

Season C: From 5 May - 2 June & 30 June - 24 August
€825.00 per person sharing
€1035.00 for single occupancy

Arrival daily from 24th March - 24th October 2018

Optional extras:

Half board option of 4 dinners is possible for €145
E-Bikes are available for an additional supplement of €100
Extra nights in Constance - €85 per person sharing / €110 single room occupancy

WHAT IS INCLUDED IN THE TOUR PRICE

- 6 overnight stays in a double room with breakfast in very good guesthouses/3* / 4* hotels, Cat. A (*)
- Entrance Rosgarten Museum Konstanz incl 1 coffee
- Boat trip Wallhausen - Überlingen incl. bicycle
- 1 bottle of Constance wine per room (Category A only)
- Transport of luggage from hotel to hotel, no limit on pieces of luggage but luggage may only weigh a maximum of 20 kg
- Comprehensive tour information and maps (one per room)
- 7-day service hotline
- Bike rental - 7/21 gear bikes with Ortlieb saddle bag, odometer, lock, pump, repair kit

() It is possible to arrange this tour in 2* / 3* hotels (Cat. B), please contact our office for more information*

WHAT TO BRING

We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat and sunglasses will protect you from getting too much sun. Finally, please make an effort to pack lightly. This will make your travels easier and will be much appreciated with the luggage transfers.

BIKE & FITNESS



Bike hire is included in the tour package.

- 7 - speed hub and coaster brake or 24 - speed derailleur
- Unisex bikes with low step-through
- Fitted with road bicycle tire " Schwalbe Marathon Plus "
- Pannier and handlebar bag , and tachometer , lock , pump and spare tire . Puncture repair kit is in the pockets.

Requirements

The cycling routes require a basic level of fitness, which you should have acquired by steady cycling. The routes can reach an altitude of 200 to 500 meters. The daily routes, of 20 - 60 km, cover some hilly terrain and can be completed without time constraints. You will also come across some longer and climbs, where walking your bike is of course advised. The roads are mostly asphalted and there is little traffic outside of holiday periods.

Helmet use is mandatory on all bike tours. You are strongly encouraged to bring your own (well fitted) helmet. Rental Helmets are available on board in limited number (reservation requested).

TOUR PROFILE

Character:

Mainly hilly along tarred cycle paths, quiet back-roads and sometimes along dirt tracks.

BACK UP SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

HOW TO GET THERE

The closest airports are airport Stuttgart or airport Friedrichshafen.

From Stuttgart airport to Knostanz there is a train which goes every 30 minutes and takes approx 1hr 45mins. You may have to change trains once.

There is also a train connection from Friedrichshafen airport to Konstanz. Trains go every 30 minutes and only take 1 - 1,15 hours (0-1 train changes).

Train connections from Friedrichshafen to Stuttgart go every 30 minutes. 1 change. Duration approx 1,5 hours.