

# Cycling Safaris

## The Swiss Lakes Route 2015 Self guided Tour 290 km | 6 nights / 7 days



From Konstanz on Lake Constance to Interlaken on Lake Thun, this tour will lead you past another seven lakes. The Rheinfall Waterfall near Schaffhausen, the 'Hohle Gasse' in Kussnacht and the Einsiedeln monastery, along the well preserved cities of Luzern and Zurich are the highlight of the tour.

The route runs mainly along its own cycle paths and separate cycle routes. The route is quite hilly between Einsiedeln and Lucerne and you will have to dismount and push your bike at times.

### TOUR ITINERARY

#### **Day 1 Individual arrival in Constance**

The largest town on Lake Constance is still quite medieval in character to this day and in 1414 hosted the only church council ever to take place north of the Alps

#### **Day 2 Constance - Schaffhausen ca. 50 km**

Today you will cycle along the romantic lower lake through small fishing villages and the well known town of Stein am Rhein. The Canton capital of Schaffhausen is towered over by the Munot Fortress, There are over 170 oriels in the town which testify to the former wealth of the citizens.

#### **Day 3 Schaffhausen - Zürich ca. 65 km**

The first highlight of your trip is the Rheinfall waterfall, which you will approach by boat. The valley of the Glatt will lead you on to Zurich, the fascinating cosmopolitan Swiss City

**Day 4 Zürich - Einsiedeln****ca. 35 km + train ride**

Today you will cycle along Lake Zurich towards Rapperswil with its old castle and will then cross over the lake along a dam. You will be taken by train to Einsiedeln, which to this day is still a popular place of pilgrimage.

**Day 5 Einsiedeln - Lucerne****ca. 75 km**

Today's cycling will be through quiet countryside and lively villages as you pass Lake Ageri and Lake Zug. Kussnacht, Wilhelm Tell and Hohle Gasse are all Swiss national symbols which you will see today before cycling along Lake Lucerne and reaching the city of Lucerne.

**Day 6 Lucerne - Interlaken****ca. 65 km + train ride**

The mountains to the left and right of Lake Sarner and Lake Lungerer continue to get higher. You will take the train to get over the famous Bruning mountain pass. Passing Lake Brienz you will reach your destination; the spa town of Interlaken between Lake Brienz and Lake Thun

**Day 7 Return home or extension of your stay**

Your cycling comes to an end after Breakfast - there are good train connections to ensure you will arrive home safely.

**2015 TOUR PRICE DATES**

From 4 October - 25 October

€820.00 per person sharing

€1030.00 for single occupancy

From 25 April - 8 May, 7 June - 25 June & 23 August - 3 October

€870.00 per person sharing

€1080.00 for single occupancy

From 9 May - 6 June & 26 June - 22 August

€920.00 per person sharing

€1130.00 for single occupancy

**You can start any day from 25 April to 25 October 2015**

**WHAT IS INCLUDED IN THE TOUR PRICE**

- › 6 overnight stays in double rooms with breakfast in a national 3\* hotel
- › Luggage transport from hotel to hotel until Interlaken
- › Boat trip to Rheinfall Rocks
- › Entrance to the Rosgartenmuseum incl. 1 coffee
- › Train journeys as outlined
- › Comprehensive tour information and maps (one per room)
- › 7 day service hotline
- › Bike rental

### Optional extras

If you wish to avail of dinners (3 course) as part of your package, the half board surcharge is €175.00

E-Bike available for additional supplement of €70

Tandem available for additional supplement of €35

Extra night in Zürich - €90 per person sharing / €120 single room occupancy

Extra night other places - €65 per person sharing / €90 single room occupancy

Return transfer incl. Bike (Saturday) - €85

### BACK-UP-SERVICE

As this is a self led trip you do not have the back-up of a guide and support van. Our aim is to allow you feel like an independent traveller, free to cycle each day at your own pace while at the same time having the security of knowing that your luggage will be waiting for you in your next accommodation.

If you experience small problems with the bike (e.g., a puncture) you will have a spare tube, pump and tyre lever. You also have access to a 24 hour helpline.

### WHAT TO BRING

We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat and sunglasses will protect you from getting all too much sun. Finally, please make an effort to pack lightly. This will make your travels easier and will be much appreciated with the luggage transfers.

### TRAVEL



### **Travelling by ferry from Meersburg**

The car and passenger ferry between Meersburg and Constance operates a 24-hour service every 15 minutes to 1 hour throughout the year.

### **Travelling by catamaran from Friedrichshafen**

The catamaran between Constance and Friedrichshafen operates hourly between 5 a.m. and 8 p.m. throughout the year. The trip takes 48 minutes.

### **Travelling by rail**

There are direct train services to Constance from Hamburg, Frankfurt, and Offenburg. To get to Constance from Munich, change at Lindau/Radolfzell or Stuttgart. There is an hourly train service to Constance from Zurich (airport) via Weinfelden. For more information on rail services, please call +49 (0) 800 / 1507090.

### **Travelling by air**

- From Friedrichshafen (25 km) by car/bus or ferry, or catamaran (40 min.)
- From Zurich (75 km): hourly rail service to Constance (1 hr)
- From Stuttgart (170 km): interurban train service every 20 min. to Stuttgart railway station; regular rail service to Constance (2.5 hrs)
- From Munich (230 km) by rail (5 hrs) or car (3.5 hrs) to Constance
- From Frankfurt/Main (345 km): direct rail service (4.5 hrs) to Constance